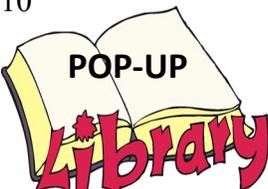


Pacifica Senior Services - March 2020 Activities

540 Crespi Drive, Pacifica, California 94044

www.CityofPacifica.org/SeniorServices

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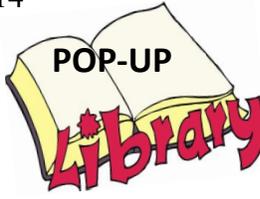
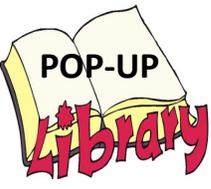
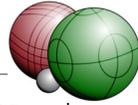
MONDAY	TUESDAY	BINGO WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Morning Pet Visit with Mollie</p> 	<p>3</p> <p>10:00am - Tea Time in the Senior Lounge</p> 	<p>4</p> <p>9:30-11:00am</p> <p>WISE AND WELL</p> <p>Health Screening in the Portola Room</p> <div data-bbox="808 508 1146 625" style="border: 1px solid black; padding: 5px; text-align: center;"> <p>9 am - 2 pm Rummage SALE</p> </div>	<p>5</p> <p>DJ Rey</p> 	<p>6</p>  <p>March 8</p>
<p>9</p>  <p>11:30am Enjoy the music of Scott Hill!</p>	<p>10</p>  <p>11:45am in the Auditorium</p>	<p>11</p> <p>1:00pm</p> 	<p>12</p> <p>St. Patrick's Day Performance with Raoul's Revue</p> 	<p>13</p> <p>Card Bingo</p> 
<p>16</p> <p>10:00am - Get your paddle on! Ping Pong in the Game Room.</p> 	<p>17</p> <p>11:45am</p> <p>St. Patty's Day Luncheon and Celebration</p> 	<p>18</p> <p>11:45am Spotlight on Nutrition with Tracie Dalton, RD, CDE</p> <p>1:00pm Docent Art Talk in the Portola Rm. The World of Jane Austen: Art, Fashion, and Eligible Gentlemen</p> <div data-bbox="808 1207 1146 1331" style="border: 1px solid black; padding: 5px; text-align: center;"> <p>9 am - 2 pm Rummage SALE</p> </div>	<p>19</p> <p>11:30am - Enjoy the music of Gene Gibson, Jr.</p>	<p>20</p> <p>Drop-in Grief Support GROUP</p>  <p>10:30am- 12:00pm Portola Room</p>
<p>23</p> <p>1:00pm - Seniors in Action Council Meeting</p>	<p>24</p> <p>12:00pm</p> <p>Free Blood Pressure Screening with Carolyn Nielsen, RN</p>  	<p>25</p> <p>March Birthday Celebration</p> 	<p>26</p> <p>12:00pm</p> <p>MLB OPENING DAY</p> 	<p>27</p> <p>10:00am</p> <p>NEW! Acrylic Painting in the Ceramics Rm. BYOB! (Bring Your Own Brushes!)</p> 
<p>30</p> <p>Monthly Drawing</p> 	<p>31</p>  <p>Cesar Chavez Day</p>	<p>Happy St. Patrick's Day!</p> 		

Pacifica Senior Services - April 2020 Activities

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MONDAY	TUESDAY	BINGO WEDNESDAY	THURSDAY	FRIDAY
		<p>1 9:30-11:00am WISE AND WELL Health Screening in the Portola Room</p> <p><i>April Fool's Day!</i></p>	<p>2 11:30am - DJ Rey kicking out the sounds!</p> <p>World Autism Awareness Day </p>	<p>3 10:30am - Laughter is good for you! Try it today!</p> <p> Laughter Yoga</p>
<p>6 Morning Pet Visit with Mollie</p>  <p>11:00am</p> <p>Intergenerational with Cabrillo Child Care</p>	<p>7 10:30am - Tea time in the Senior Lounge</p> 	<p>8 1:00pm Join us for Bingo!</p> 	<p>9 12:00pm Easter Luncheon and Celebration</p> 	<p>10 Card Bingo</p> 
<p>13</p>  <p>11:30am Enjoy the music of Scott Hill!</p>	<p>14</p>  <p>11:45am in the Auditorium</p>	<p>15 11:55am -Spotlight on Nutrition with Tracie Dalton, RD, CDE</p> 	<p>16 11:30am – Enjoy the music of Gene Gibson, Jr.</p> 	<p>17 Drop-in Grief Support GROUP 10:30am -12:00pm Portola Room</p> 
<p>20 1:00pm - Seniors in Action Council Meeting</p>	<p>21 12:00pm Free Blood Pressure Screening with Carolyn Nielsen, RN</p> 	<p>22</p>  <p>Celebration with Pacifica's Environmental Family and Sanchez Art Center</p>	<p>23 10:00am Get your hands dirty as you bring life to a lump of clay! Join the Ceramics class TODAY!</p>	<p>24</p> 
<p>27 Monthly Drawing</p> 	<p>28</p>  <p>11:45am in the Auditorium</p>	<p>29 12:00pm April Birthday Celebration</p> 	<p>30 9:00am - Join the Bocce Ball fun!</p> 	<p>30 9 am - 2 pm Rummage Sale</p> 