

RUN & STRIDE COURSE

Start on Salada Avenue
 Left onto Beach Boulevard
 Left onto Clarendon Road
 Right onto Lakeside Avenue
 Right onto Francisco Boulevard (Bradford Way)
 Right onto Fairway Drive
 STRIDERS left onto Pinehaven Way
 STRIDERS left onto Seaside Drive
 Left onto Seaside Drive**
 Left onto Bradford Way and proceed thru golf tunnel**
 Left on Lundy Way to Rifle Range Road**
 Right onto Bradford Way**
 STRIDERS left onto Bradford Way
 Left onto Lakeside Drive
 Left onto Clarendon Road
 Right onto Beach Boulevard
 Right onto Salada Avenue
 Right onto Salada Avenue

** Delete these directions for the 3 mile stride course

