



## Pacifica Community Center Senior Center Classes, Games & Groups



CLASS	INSTRUCTOR	Price	TIME	ROOM	M	T	W	TH	F
<b>EXERCISE &amp; HEALTH</b>	<b>For ALL EXERCISE CLASSES, please wear loose comfortable clothing and appropriate shoes.</b>								
American Line Dancing	Allen Isidro	\$3 SIA MEM \$5 SENIOR	Beginners 1-2 PM Intermediate 2-3 PM	Auditorium	X				
Aerobics	Susan Watson-Acero	\$3 SIA MEM \$5 SENIOR	9:15-10:15 AM	Dance Studio		X		X	
Mat Yoga	Judy Orloff	\$3 SIA MEM \$5 SENIOR	11:30 AM-12:50 PM	Dance Studio		X			
Chair Yoga	Judy Orloff	\$3 SIA MEM \$5 SENIOR	10:30 AM-11:30 AM	Dance Studio		X			
Basic Hula Beginners Hula	Shirley Ortega	\$3 SIA MEM \$5 SENIOR	1:00-2:00 PM 2:00-3:00 PM	Dance Studio		X			
Tai Chi (no class 6/27)	Norman Stoddard	\$3 SIA MEM \$5 SENIOR	Intermediate 8:30-9:30 Beginners 9:30-10:00	Dance Studio			X		
Feldenkrais	Jane A'Hearn Liz Godsoe	\$3 SIA MEM \$5 SENIOR	W 10:15-11:15 AM TH 1:00-2:00PM	Dance Studio			X	X	
Zumba GOLD (Can be adapted to meet your needs.)	Nora Napier	\$3 SIA MEM \$5 SENIOR	10:30-11:30 AM	Dance Studio				X	
Zumba Gold Chair	Nora Napier	\$3 SIA MEM \$5 SENIOR	9:15-10:00:00 AM	Card Room			X		
Laughter Yoga	Kazuyo Shimokawabe	\$1 SIA MEM \$2 SENIOR	10:30-11:30 AM	Dance Studio					X
<b>COMPUTER</b> (Class sizes limited)	<b>FOR COMPUTER CLASSES, please make an appointment with Eleanor Kikuchi on Wednesday between 10:30 AM and 11:30 AM or sign up on the clipboard in Program Coordinator's office.</b>								
Photoshop Elements Current Students Only	Eleanor Kikuchi konanuie@yahoo.com	\$3 SIA MEM \$5 SENIOR	M 9:30-11:30 AM M 12:30-2:30 PM Th 12:30-2:30 PM	Computer Lab	X				X
Digital Scrapbooking	No classes for July & August								
Family Tree Research	Ginny Smithson & Stephanie Benoit	\$3 SIA MEM \$5 SENIOR	T 12:45-2:45 PM F 9:30-11:30	Computer Lab		X			X
Photoshop Elements Beginners Only	Eleanor Kikuchi konanuie@yahoo.com	\$3 SIA MEM \$5 SENIOR	W 12:30-2:30 PM	Computer Lab			X		
Computer Literacy	No classes for July & August								
Open Lab	Pearl Smith	FREE for SIA MEM	W 10:30-11:30 AM	Computer Lab			X		
Basic Comp 1:1 (Sign-up REQUIRED Wed 10:30-11:30)	Eleanor Kikuchi konanuie@yahoo.com	\$3 SIA MEM \$5 SENIOR	Th 9:30-11:30 AM	Computer Lab				X	



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### ARTS & CRAFTS

CLASS	INSTRUCTOR	Price	TIME	ROOM	M	T	W	TH	F
Making Cards with Rubber Stamps	Flo Derby & Joanne Burton	\$3 SIA MEM \$5 SEN	3rd Wednesday 1:00-2:00 PM	Ceramics			X		
Acrylic Painting	Barbara Taufer	\$3 SIA MEM \$5 SEN	9:30-11:30 AM	Craft Room		X			
Stained Glass	Joanne Wall & Joe Patino	\$3 SIA MEM \$5 SEN	10:00 AM-3:00 PM	Ceramics		X			
Sewing Project	Cheryl Basonic	FREE	1st & 3rd Wednesday 10:00 AM - 12 Noon	Craft Room			X		
Knitting, Crochet & Needlepoint	Erika Vulcanoff	\$1 SIA MEM \$2 SEN	1:00-3:00 PM	Game Room	X		X		
Ceramics	Stephanie Turner & Cheryl Basonic	\$1 SIA MEM \$2 SEN	10:00 AM-Noon	Ceramics				X	
Quilters	Liz Arguello & Elaine Yarbrough	\$1 SIA MEM \$2 SEN	10:00 AM -12:00 PM	Craft Room				X	
Jewelry Making	JoAnn Kidwell	\$1 SIA MEM \$2 SEN	9:30 AM-12:00 PM	Craft Room					X

### GAMES & GROUPS

Bocce Ball	Self Directed	\$1 SIA MEM \$2 SENIOR	M-Th 9:00-4:00PM F- 9:00-12:30PM	Bocce Ball Court	X	X	X	X	X
Ping Pong	Daniel Marinas	FREE	M & W 3:00-5:00 PM Beginners F 10-11 AM	Game Room	X		X		X
5¢ Bingo	Gloria Lombardo	5¢ Per Card	9:30-11:45 AM	Craft Room	X				
Mah Jong	Rita Clark	FREE	12:45-3:00 PM	Card Room		X			
Pedro	Rose Martin	FREE	12:30-3:30 PM	Dance Studio	X				
Rummikub	Beginners welcome!	FREE	12:45-2:30 PM	Small Office				X	
Big Bucks Bingo	Bingo Committee	\$7 Buy-In	1:00-3:00 PM	Auditorium			X		
Pacifica Bridge Club	Wanda Kirvin	FREE	12:30-3:30 PM	Card Room				X	
Unidad Latinos	Ena Rico Brand	FREE	1st Tuesday 10:30-12:00 PM	Card Room		X			
Writing Stories & Discussion	Genny Jelinsky	FREE	10-11:30 AM	Small Office				X	
Drop-in Grief Support	Roby Newman, LCSW	FREE	2nd Friday 10:30 AM-Noon	Portola Room					X
Ukulele Class Jam Session	Abby Margolis	\$1 SIA MEM \$2 SENIOR	W 12:45-2:00 PM F 12:00-1:00 PM	W Card Rm F Portola			X		X