



*Have you lost a loved one?*

**We can help.**

## **Drop-In Grief Support Group**

*This monthly support group for Pacifica Senior Center participants, volunteers, and staff offers a safe, supportive place to share thoughts and feelings with others who have experienced a loss.*

**Pacifica Senior Center, 540 Crespi Drive, Pacifica  
2nd Friday of the month, 10:30am - noon**

**Facilitated by Mission Hospice & Home Care**

**For more information**, contact Janis Haynes at [haynesj@ci.pacifica.ca.us](mailto:haynesj@ci.pacifica.ca.us) or 650.738.7384.



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*it's about life*

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