

Pacifica Parks, Beaches & Recreation Winter 2017 PLAY Activity Guide

Registration
begins on
December 12th!



#PACIFICARECREATION





CITY OF PACIFICA

2017 JUNIOR OLYMPICS

TRACK & FIELD MEET

Sponsored by Pacifica Parks, Beaches, & Recreation Dept.
and The Pacifica Lions Club.

Group 1 & 2 Meet Information

(For kids born between 2007-2010)

Wednesday, April 19, 2017 3:30-5:30pm
(Trials Only) At Oceana High School

- 50 Meter & 100 Meter Dash

Group 3 & 4 Meet Information

(For kids born between 2003-2006)

Wednesday, May 4, 2016 3:30-6:00pm
At Oceana High School

- Trials & Finals
- Softball Throw & Standing Long Jump

Group 1 & 2 Saturday, May 6, 2017 FINALS @ 9:00AM
At Terra Nova High School

- Trials & Finals
- Softball Throw & Standing Long Jump



GROUP ONE		GROUP TWO		GROUP THREE		GROUP FOUR	
RUNNING EVENTS	50 M DASH*	RUNNING EVENTS	50 M DASH*	RUNNING EVENTS	100 M DASH	RUNNING EVENTS	100 M DASH
	100 M DASH*		100 M DASH*		200 M DASH		200 M DASH
	200 M DASH		200 M DASH		400 M DASH		800 M RUN
*Preliminary Heats	400 M RELAY	*Preliminary Heats	400 M DASH		800 M RUN		1600 M RUN
			400 M RELAY		400 M RELAY		400 M RELAY

FIELD EVENTS - ALL GROUPS

SOFTBALL THROW

STANDING LONG JUMP

Welcome to our Winter 2017 Activity Brochure

Coming up in Winter 2017:

- All registration begins-December 12
- Princess Dance-January 21
- Youth Spelling Bee-January 28
- Coastal Creativity - Art Show-March 24

DIRECTOR'S MESSAGE

On behalf of the Parks, Beaches and Recreation Department, I would like to invite you to take part in the many recreational opportunities offered by our department. Consider staying active this winter by signing up for a class, learning a new skill or sharpening an old one. There are many wonderful opportunities including swim programs, Child Care and senior programs.

You can also always head outside for some self-directed opportunities by taking a scenic walk, hike, jog or bike-ride at a park, beach or trail near you, and enjoy Pacifica's natural beauty.

I want to thank our hard working and dedicated staff for all their efforts in planning and preparing for our winter programs and activities.

We believe that Parks, Beaches and Recreation are an important part of people's lives and that Parks do Make Life Better!

Michael Perez
Director
Parks, Beaches & Recreation

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Pacifica City Council

The Pacifica City Council meets on the 2nd and 4th Monday of the month at 7 PM in the City Council Chambers 2212 Beach Boulevard.

Councilmember Sue Digre
Councilmember Mike O'Neill
Councilmember Deirdre Finnegan Martin
Councilmember John Keener
Councilmember Sue Vaterlaus

City Manager

Lorie D. Tinfow

Parks, Beaches & Recreation Staff

Main Number		738-7381
Michael Perez	PB&R Director	738-7381
Beth Phipps	Rec Specialist, PLAY Editor-in-Chief	738-7381
Scott Leslie	Rec & Child Care Supervisor	738-7386
Anthony Schriver	Recreation Coordinator/Aquatics	738-7461
Michael Moran	Recreation Coordinator	738-7376
Jim Lange	Senior Services Supervisor	738-7352
Janis Haynes	Senior Services Coordinator	738-7384
Cindy Fuentes	Food Services Coordinator	738-7351
Karen Parque	Information & Referral	738-7353
Ann Cooney	Transportation/Meals on Wheels	738-7350
Tracy Gilbert	Child Care Srvs. Asst. Supervisor	738-7388
Mindy Tiet	Child Care Srvs. Asst. Supervisor	738-7354
Shirley Rose	Child Care Services Technician	738-7387

PB&R Department Office Counter Hours

1810 Francisco Blvd. 650-738-7381
Monday-Tuesday-Thursday 8:30 AM—5 PM
Wednesday 8:30 AM—7:30 PM
Friday 8:30 AM—1:30 PM
Office closed for lunch, Mon.—Thurs. 12:30—1:30 PM

Parks, Beaches & Recreation Commission

The PB&R Commission meets on the 4th Wed. of the month at 7 PM in the City Council Chambers 2212 Beach Blvd.

Commissioners

Chair	Michael Mau	maum@ci.pacifica.ca.us
Chair Pro Tem	Mary K. Bier	bierm@ci.pacifica.ca.us
Commissioner	Cindy Abbott	abbottc@ci.pacifica.ca.us
Commissioner	Greg Cochran	cochrang@ci.pacifica.ca.us
Commissioner	August Murphy	murphya@ci.pacifica.ca.us
Commissioner	Christopher Yakabe	yakabec@ci.pacifica.ca.us

Cover photo courtesy of Scott Leslie, Recreation Supervisor.

Back photo courtesy of Alwin Szeto.

TODDLER/PRESCHOOL



LITTLE SPROUTS

Ages: 1½ - 2½ yrs
Instructor: Miss Bonnie
Location: Pacifica Community Center, 540 Crespi Dr.

This is a parent participation class for young children to explore new group activities. **NEED NOT BE POTTY-TRAINED.**
No Class 1/16

CLASS#	DAY	TIME	DATES	RES/N-R
Session 1				
10.101	M	9:00-10:30 AM	1/9-2/13	\$60/\$65
10.102	W	9:00-10:30 AM	1/11-2/15	\$60/\$65
Session 2				
10.116	M	9:00-10:30 AM	2/27-4/3	\$60/\$65
10.117	W	9:00-10:30 AM	3/1-4/5	\$60/\$65

SUPER TOTS

Ages: 2½ - 3½ yrs
Instructor: Miss Bonnie
Location: Pacifica Community Center, 540 Crespi Dr

Need not be potty-trained if parents stays. This is a parent/volunteer playgroup for toddlers. Time to meet friends and play games, make music, explore, listen to stories and more.

CLASS#	DAY	TIME	DATES	RES/N-R
Session 1				
10.103	T	9:00-10:30 AM	1/10-2/14	\$60/\$65
10.104	Th	9:00-10:30 AM	1/12-2/16	\$60/\$65
Session 2				
10.118	T	9:00-10:30 AM	2/28-4/4	\$60/\$65
10.119	Th	9:00-10:30 AM	3/2-4/6	\$60/\$65

****Important:** Copy of birth certificate or health card must accompany registration to verify child's age for Bright Beginnings Preschool and Pre-Kindergarten. If you have already participated in our programs, we will have verification of birth date on file and you may simply complete the registration form.

BRIGHT BEGINNINGS PRESCHOOL **

Ages: 3½ - 5 yrs
Instructors: Miss Vicki and Miss Teresa
Location: Pacifica Community Center, 540 Crespi Dr.

MUST BE POTTY-TRAINED Diapers/pull-ups NOT accepted. Provides arts, crafts, music, painting, drama, outdoor exploration, field trips and guest speakers. Class max is 12. **No Class 1/16**

CLASS #	DAY	TIME	DATES	RES/N-R
Session 1				
10.105	M	9:00-11:30 AM	1/9-2/13	\$90/\$95
10.107	W	9:00-11:30 AM	1/11-2/15	\$90/\$95
10.109	F	9:00-11:30 AM	1/13-2/17	\$90/\$95
10.110	M,W,F	9:00-11:30 AM	1/9-2/17	\$230/\$235
Session 2				
10.120	M	9:00-11:30 AM	2/27-4/3	\$90/\$95
10.122	W	9:00-11:30 AM	3/1-4/5	\$90/\$95
10.124	F	9:00-11:30 AM	3/3-4/7	\$90/\$95
10.125	M,W,F	9:00-11:30 AM	2/27-4/7	\$230/\$235

PRE-KINDERGARTEN**

Ages: 4-5 yrs
Instructor: Miss Vicki
Location: Pacifica Community Center, 540 Crespi Dr.

MUST BE POTTY-TRAINED Diapers/pull-ups NOT accepted. Prepares children who are entering kindergarten in Sept. 2017. Provides music, painting, singing, dramatic play, small and large motor development, outdoor exploration and field trips or guest speakers on the session theme.

Session #1 (Tues-Thurs)

CLASS #	DAY	TIME	DATES	RES/N-R
Session 1				
10.112	T	9:00 AM-12:00 PM	1/10-2/14	\$90/\$95
10.114	Th	9:00 AM-12:00 PM	1/12-2/16	\$90/\$95
10.115	T & Th	9:00 AM-12:00 PM	1/10-2/16	\$153/\$158

Session 2

10.127	T	9:00 AM-12:00 PM	2/28-4/4	\$90/\$95
10.129	Th	9:00 AM-12:00 PM	3/2-4/6	\$90/\$95
10.130	T & Th	9:00 AM-12:00 PM	2/28-4/6	\$153/\$158

TODDLER/PRESCHOOL

Bright Beginnings & Pre Kindergarten

Special Rules:

- Children must be picked up on time. Please call if you are running late (738-7457).
- Have children wear play clothes to class and label all outer-wear with child's name.

For safety reasons and to give the teachers the opportunity to talk with you, we are requesting that you take your child to the preschool room to drop them off and come to the preschool room when you pick them up. Please make sure the teacher knows your child has arrived. The children will not be allowed to go out to the parking lot without you. Preschool bathrooms are located in preschool room 1, please make sure your child knows where they are located.

INCLUSIVE SPEECH-LANGUAGE PLAYGROUP

Ages: 18 months - 3 yrs

Instructor: Jasna Cowan

Director of Speech Goals & Speech Therapy, Inc.

Location: Pacifica Community Center, 540 Crespi Dr.

This inclusive playgroup is a parent participation interactive class for toddlers. The class will focus on cooperative play, and will enrich language through play and structured activities. This is a great introduction to circle time and other pre-classroom experiences. The specialist will also focus on parent education in the area of language and pre-literacy. For more information go to Info@speechgoals.com or contact Jasna at 650-583-3797.

CLASS#	DAY	TIME	DATES	RES/N-R
10.132	W	3:30-5:10 PM	1/4-4/5	\$210/\$162



VALENTINE GOURMET

Ages: 3½ - 7 yrs

Instructor: Pauletta Cravotto

Location: Pacifica Community Center, 540 Crespi Dr.

Do you have a sweet tooth? Come and enjoy working along with your children to create some fun Valentine treats. Children will have fun using their creativity and imagination to decorate cupcakes and make their own cookies. Recipes will be sent home for your little baker to recreate in your own kitchen. Come and let's have some fun together. Parents and grandparents are welcome. \$5 fee to instructor at first class.

CLASS#	DAY	TIME	DATES	RES/N-R
10.140	W	3:30-4:30 PM	2/8	\$43/\$48

Register at <https://apm.activecommunities.com/Pacifica/Home>

ERIN GO BRAUGH COOKING CLASS

Ages: 3½ - 6½ yrs

Instructor: Pauletta Cravotto

Location: Pacifica Community Center, 540 Crespi Dr.

Let your little leprechan go to create some St. Patrick's day magic. Come join in the fun and create food that celebrates the day. Parents and Grandparents are welcome. \$5 fee to instructor at first class.

CLASS#	DAY	TIME	DATES	RES/N-R
10.141	W	3:30-4:30 PM	3/15	\$43/\$48



CHALLENGER SOCCER

Mini Soccer

Ages: 2-3 yrs

Instructor: Challenger British Soccer staff

Location: Sanchez Fields, 1220 Linda Mar Blvd.

Minickickers are returning for the winter in Pacifica for 8 weeks! Our soccer experts and child development professionals have designed an innovative curriculum that introduces your young soccer stars to the basic skills needed in soccer as well as developing their motor, social, and psychological skills. Our British coaches are experts at working with young children and will combine soccer with fun games, stories and music that keeps your children entertained and enthused to return next week!

CAMP #	DAYS	TIMES	DATES	RES/N-R
10.137	F	9:00-9:45 AM	2/10-3/31	\$127/\$132



PACIFICA
CHAMBER OF COMMERCE
& VISITOR CENTER
A Pretty Cool Place

Located at: 225 Rockaway Beach Ave. Ste 1
Pacifica, CA 94044

Contact Information
Phone: (650) 355-4122
e-mail: <http://pacificachamber.com>
<http://www.visitpacifica.com>

Register at <https://apm.activecommunities.com/Pacifica/Home>

TODDLER/PRESCHOOL

Mini Soccer

Ages: 4-5 yrs
Instructor: Challenger British Soccer staff
Location: Sanchez Fields, 1220 Linda Mar Blvd.

Minikickers are returning for the winter in Pacifica for 8 weeks! Our soccer experts and child development professionals have designed an innovative curriculum that introduces your young soccer stars to the basic skills needed in soccer as well as developing their motor, social, and psychological skills. Our British coaches are experts at working with young children and will combine soccer with fun games, stories and music that keeps your children entertained and enthused to return next week!

CAMP #	DAYS	TIMES	DATES	RES/N-R
10.138	F	10:00-10:45 AM	2/10-3/31	\$127/\$132

PRE-BALLET

Ages: 3 & 4 yrs
Instructor: Rita Wolper
Location: Pacifica Community Center

Preschoolers will learn ballet basics in a fun way! Stretching, twirling, prancing & dancing! Students should be ready to follow specific instructions as well as participate with fellow students performing moves together. Please come to class in comfy dance wear. Must have ballet slippers. For questions contact Ms. Wolper at (650) 580-5761. **No class 2/14 (recital 3/28)**

CLASS#	DAY	TIME	DATES	RES/N-R
10.139	T	4:00-4:30PM	1/17-3/21	\$93/\$98

DANCE TIME

Ages: 4 -10 yrs.
Instructor: Rita Wolper
Location: Pacifica Community Center

Learn a variety of dance steps! Workout, stretch, jump and move your hips! Practice combinations and learn choreography to many styles of music! Must have dance shoes (ballet or soft jazz). For questions contact Ms. Wolper at (650) 580-5761. **No class 1/16, 2/20 (please note that a recital will be held on Tues. 3/28 this is in addition to the normal class meetings)**

CLASS#	DAY	TIME	DATES	RES/N-R
20.123	M	4:00-4:45PM	1/9-3/27	\$97/\$102



Pacifica Resource Center

Neighbors Helping Neighbors

A Project of the Tides Center

www.pacresourcecenter.org

When you don't know where to turn, call the Pacifica Resource Center at: 650-738-7470
 If you have legal questions, homeless concerns, elder care, landlord/tenant problems, health care, etc., we can help or refer you to one of 400 other helping agencies in San Mateo County who can.

BALLET

Ages: 5 - 10 yrs
Instructor: Rita Wolper
Location: Pacifica Community Center

The foundation of dance! Learn the language basic positions, arm movements and steps. Practice at the bar, stretch, jump and move across the floor. Learn dance choreography! Ms. Wolper has over 15 years teaching experience. Wear leotard, tights and ballet slippers. Boys wear T-shirt and sweat pants. For questions contact Ms. Wolper at (650) 580-5761. **No class 2/14 (recital 3/28)**

CLASS#	DAY	TIME	DATES	RES/N-R
20.122	T	4:30-5:15PM	1/17-3/21	\$97/\$102



PRE-PUBLIC SPEAKING

Building Confidence

Ages: 6 - 9 yrs.
Instructor: Gurus Educational Services
Location: Pacifica Community Center

Students will learn the beginning building blocks of public speaking, starting with being ready, practiced and focused. They will learn the importance of body language and varying the tempo and tone of their voice. They will also learn the value of interesting openings and memorable closes. With fun show and tell, storytelling and poetry recitals, the goal is for your child to start developing more confidence and skill in expressing themselves to a group. **No Class 2/22**

CLASS #	DAY	TIME	DATES	RES/N-R
20.130	W	2:00-3:00 PM	1/4-3/1	\$135/\$142

PRE-PUBLIC SPEAKING

Public Speaking and Debate Level I

Ages: 10-12 yrs.

Instructor: Gurus Educational Services

Location: Pacifica Community Center

Students will learn the importance of knowing why they are giving their speech, who their audience is and practice. They learn how to write and give speeches with good openings and memorable closes. Build confidence and learn how to use humor, quotes, sories, good eye contact, varying tone and voice tempo, and emotionally supportive body language. In debating fun, age-appropriate topics in a variety of formats, they learn how to make strong arguments backed by reasoning, logic and evidence while also developing stronger skills in critical thinking, research, weighing pros and cons and detecting logical fallacies. No Class on 2/21.

CLASS #	DAY	TIME	DATES	RES/N-R
20.131	T	4:00-5:00 PM	1/3-2/28	\$135/\$142

PRESIDENTIAL PALATE

Ages: 7-12 yrs

Instructor: Junior Chef Stars

Location: 1027 Terra Nova Blvd.

Come spend your Presidents' week with Junior Chef Stars! From creating ethnic menu's to impressing heads of state, to whipping up White House kids' favorites this camp is sure to please! A \$50 materials fee is due first day of camp. For more information contact Junior Chef Stars at (650) 898-8742.

CAMP #	DAYS	TIMES	DATES	RES/N-R
20.127	M-F	9:00 AM-12:00 PM	2/20-2/24	\$207/\$212

PARENTS' NIGHT OUT!

Ages: 6-12 yrs.

Hours: 5:00PM-11:00PM

Location: Pacifica Community Center, 540 Crespi Drive

Need to do some shopping or just need a little rest and relaxation without the kids? While you enjoy an evening out or in, your child(ren) will have dinner, play games, make arts & crafts, and see a movie. All activities are provided by trained and experienced Pacifica Recreation Staff.

Class #	Day	Dates	ONE	TWO	THREE
			CHILD	SIBLINGS	SIBLINGS
			RES/N-R	RES/N-R	RES/N-R
50.004	Sat.	Jan. 7	\$30/\$35	\$50/\$55	\$75/\$80
50.005	Sat.	Feb 4	\$30/\$35	\$50/\$55	\$75/\$80
50.006	Sat.	Mar. 11	\$30/\$35	\$50/\$55	\$75/\$80
50.007	Sat.	April 8	\$30/\$35	\$50/\$55	\$75/\$80

PRINCESS DANCE

Ages: 5-10

Hours: 5:00PM-7:45PM

Date: Saturday, January 21, 2017

Location: Pacifica Community Center, 540 Crespi Drive

Class # 50.101

\$35/Couple

Bring your favorite child to a Ball! This whimsical event is sure to delight all and create lasting memories. Chaperones and kids will create a special memory with an under the sea theme as they dance to fun music! Light refreshments will be served. Pre-registration is required, be sure to sign-up early as this event sells-out.

This event is non-gender and non-parent specific. Everyone is welco. For more information on this event call Michael Moran, (650) 738-7376.

YOUTH SPELLING BEE

Grades: K-4

Hours: 2:00PM-6:00PM

Date: Saturday, January 28, 2017

Location: Pacifica Community Center, 540 Crespi Drive

Class # 50.102

\$10/entry

The Pacifica Youth Advisory Board will be hosting our first annual Pacifica Spelling Bee. Participants should check the YAB website the week before the spelling bee to determine approximately what time they will be on stage!

Students may review the appropriate grade word lists at home on our YAB website two weeks before the event. This is a new event so please check our website for more detailed information and updates at <http://bit.ly/PacificaYAB>.

COASTAL CREATIVITY – ART SHOW

Ages: 12-18

Hours: 6:00PM-8:00PM

Date: Friday, March 24, 2017

Location: Pacifica Community Center, 540 Crespi Drive

Class #: 50.103

Price: \$10/Art entry. Free for attendees.

The Pacifica Youth Advisory Board will be hosting our first annual Pacifica Art Showcase for teens by teens. Categories include photography, abstract, realism and sculpture. More information will be available on the YAB website at <http://bit.ly/PacificaYAB>

Register at <https://apm.activecommunities.com/Pacifica/Home>

TEENS GRADES 6-12



J-TEEN AFTERSCHOOL

Where: Cabrillo School, Portable 1

When: Mon, Tues, Thurs, Fri 3:00-5:30pm,
Wed & Minimum Days 1:45-4:15pm

Who: Cabrillo Students in Grades 6-8

Program

Dates: Tuesday, January 3, 2017 – Friday, May 19, 2017

Cost: \$75 for 2nd half of school year

Located in Portable One at Cabrillo School, J-Teen Afterschool is a fun place where Pacifica teens in grades 6-8 can feel at home and bond with their peers in a place just for them! Daily snack is provided as well as a broad range of activities that may include arts & crafts, sports, games, music, and local field trips off-site. Program is run by qualified, caring recreation staff that can also help with homework when necessary. All Pacifica teens are welcome. Transportation is not provided from other schools. See detailed program offering dates online or on registration form.



J-TEEN DANCES

For Pacifica Students in Grades 6-8

Dates: January 6, February 3, March 10, April 7, May 12, & June 2

Time: 7:00-9:00PM

Location: Pacifica Community Center, 540 Crespi Drive

Tickets: \$8 in advance or \$10 (starting at 5:00pm at Community Center if available)

J-Teen Dance Tickets are non-transferable & non-refundable. School ID's or notes from school office will be verified before entry at door. Yearbooks are not permitted for ID verification.

J-TEEN DANCE DRESS CODE — WILL BE ENFORCED

Recreation Staff in attendance will be the final judges of appropriateness. If student does not meet the dress code, parent/guardian will be called for a change of clothes or given an oversized camp T-shirt (when appropriate).

- All pants, shorts, and skirts must be appropriately fitted at the waist
- No extremely short shorts – buttock and upper thighs need to be covered at all times.
- Tube tops, backless shirts, low-cut necklines or exposed midriffs are prohibited.
- Skirt length must meet the tips of fingers when arms are fully extended hanging to the side.
- No clothing or hats that indicate obscenities, violence, gang affiliation, drug, tobacco, alcohol, or sexual nature.

J-TEEN DANCE POLICIES

– For a complete list, please go to http://www.cityofpacifica.org/depts/rec_department/teens/dances/default.asp.

- Doors open at 7:00pm and close at 7:30pm. There are no in and out privileges during the dance. All students must remain in the Community Center until the doors open 15 minutes prior to the end of the dance (8:45pm).
- Students will not be allowed to leave early unless a parent or guardian comes to pick them up.
- All persons /bags/purses are subject to being searched. All items must be checked at coat check.
- Cell phones/cameras may not be used inside the dance auditorium. Items such as gum, markers, cigarettes, matches, lighters, tobacco, weapons, lasers or anything “glow in the dark” are not allowed and will be confiscated at the door.
- All dances styles must be appropriate. “Moshing, slam dancing, freaking, or grinding” will not be tolerated. Recreation staff in attendance will be the final judges of appropriateness.



YOUTH ADVISORY BOARD

Grades: 9-12

Meeting Days: 2nd and 4th Wednesday of each month

Meeting Time: 6:00PM-7:00PM

Location: Community Center, 540 Crespi Dr.

The Youth Advisory Board, (YAB) is made up of high school students that want to make a difference in our community. They are a dedicated group of young leaders who will plan special events and also participate in Parks, Beaches & Recreation events. For questions, please contact the YAB Advisor at moranm@ci.pacificaca.us or (650)

Visit our Website at www.cityofpacifica.org

TEENS AND ADULTS

738-7376. To download an application visit
www.cityofpacifica.org/yab



AMERICAN RED CROSS CPR, AED, FIRST AID

Ages: 13 & up
Instructor: PB&R Staff
Location: 1810 Francisco Blvd. PB&R Conference Room

Learn to care for conscious and unconscious choking victims, perform CPR and use an automated external defibrillator (AED) on a victim of sudden cardiac arrest. Learn to give first aid for a variety of injuries, such as burns, wounds, head-neck-back injuries, heat and cold-related emergencies, stroke, seizure, bites and poisoning. Fee includes ARC certification charge.

CLASS#	DAY	TIME	DATES	RES/N-R
30.137	M&T	6:30-9:30 PM	1/9-1/10	\$75/\$80

ARGENTINE TANGO

Ages: 15 & up
Instructor: Ylva Wintzell
 Professional Dance Instructor
Location: Pacifica Community Center, 540 Crespi Dr.

Bring out your inner passion and learn the beautiful and sensual Argentine Tango. Great for couples and singles. Bring shoes without rubber soles that stay on your feet. For questions, contact Ylva at 650-922-3502 or dance@danceinmind.com

CLASS #	DAY	TIME	DATES	RES/N-R
30.115	W	8:15-9:15 PM	1/11-3/29	\$127/\$132

BARRE-FITNESS

Ages: 13 & up
Instructor: Rita Wolper
Location: Pacifica Community Center

Techniques from ballet, yoga and pilates will be used to improve posture, strengthen arms and legs, engage and develop your core! For more information contact Rita Wolper at wolpack1664@sbc-global.net. No Class on 1/16 & 2/20

CLASS #	DAY	TIME	DATES	RES/N-R
30.116	M	5:00-5:45 PM	1/9-3/27	\$97/\$102



Oddstad Theater, 1050 Crespi Dr.
 For information, call 650-359-8002 or visit
www.pacificaspindriftplayers.org

FOXTROT

Ages: 14 & up
Instructor: Ylva Wintzell
 Professional Dance Instructor
Location: Pacifica Community Center, 540 Crespi Dr.

Come dance to Frank Sinatra and Big Band music as well as more modern versions of Foxtrot music. We start with the basics and build from there. For questions, contact Ylva at 650-922-3502 or dance@danceinmind.com

Class #	Day	Time	Dates	RES/N-R
30.117	T	8:30-9:30 PM	1/10-4/4	\$127/\$132

GODDESS BELLY DANCE

AGE: 15 and up
Instructor: Rachel Sterling
 Belly Dancing Instructor
Location: Pacifica Community Center, 540 Crespi Dr.

Be inspired by the Goddesses of the world. Each Monday learn the history and spiritual significance of a different Goddess. Then learn Belly Dance movements and practical teachings to honor that Goddess and incorporate their sacred knowledge into everyday life. Please come with an open mind and be ready to try something new. This is a beginner class, no prior experience necessary. Anyone who identifies themselves as female is welcome. For more information contact Rachel Sterling at rachelsterling@yahoo.com. 2nd and 4th Monday of each month.

CLASS#	DAY	TIME	DATES	RES/N-R
30.122	M	7:30-8:45 PM	1/9-3/27	\$97/\$102

Register at <https://apm.activecommunities.com/Pacifica/Home>

TEENS AND ADULTS

PILATES

Ages: 14 & up
Instructor: Ylva Wintzell
 Professional Fitness Instructor
Location: Pacifica Community Center, 540 Crespi Dr.

Pilates is a well-known method to strengthen your core, legs and arms with controlled isometric exercises. You will get stronger and more toned and more tuned in to your body as well. We stretch with yoga in the beginning and end of class for warm up and cool down. Please bring a mat, stretch band and two weights (3-5 lb). For questions please contact Ylva at 650-922-3502 or dance@danceinmind.com

CLASS #	DAY	TIME	DATES	RES/N-R
30.103	T	6:15-7:15 PM	1/10-4/4	\$127/\$132

SALSA

Ages: 14 & up
Instructor: Ylva Wintzell
 Professional Dance Instructor
Location: Pacifica Community Center, 540 Crespi Dr.

Join the salsa party! This dance is a very useful social dance that you'll see in the clubs as well as at weddings and other social functions. It has a mostly fast latin beat and is fun and easy to learn. We start from the beginning and move on throu there. Avoid rubber shoes and shoes that don't stay on your feet when you move. For questions, contact ylva at 650-922-3502 or dance@danceinmind.Com

CLASS #	DAY	TIME	DATES	RES/N-R
30.119	T	7:30-8:30 PM	1/10-4/4	\$127/\$132



WORLD DANCE RHYTHMS

Ages: 14 & up
Instructor: Ylva Wintzell
 Professional Dance Instructor
Location: Pacifica Community Center, 540 Crespi Dr.

Dance and have fun in a great aerobic workout to music from around the world! You will be dancing Salsa, Samba-Reggae, Cha Cha, Bachata, Merengue, Bellydancing, Hip Hop and more. No partner is necessary. It's like ZUMBA but even better! Bring shoes that you can turn and pivot in. For questions, contact Ylva at 650-922-3502 or dance@danceinmind.com

CLASS #	DAY	TIME	DATES	RES/N-R
30.120	W	7:00-8:00 PM	1/11-3/29	\$127/\$132



BREATHING, MEDITATION, AND DEEP RELAXATION

Ages: 13 & up
Instructor: Pacific Holistic Health
 Jasee Clark-Grubb, Personal Fitness Trainer
Location: Pacifica Community Center, 540 Crespi Dr.

Breathing practices prepare the mind for Meditation by drawing the mind inward. Having a regular practice of breath work increases oxygen to the body, clears excess mucus that causes sinus problems and allergies and focuses the mind. Meditation reduces stress, soothes the mind, allows you to focus on the peace within, meditation also provides many spiritual, emotional, and physiological benefits. Deep relaxation is a guided visualization while you are lying down. It calms and relaxes the mind, spine and the body. Please bring a mat and dress in layers in case your body cools down. For comfort you may also bring any bolsters, eye/neck pillows and blankets. For questions call Jasee at 650-787-8893. Class meets 1st and 3rd Mondays (sometimes 5th) **No Class 2/20**

CLASS#	DAY	TIME	DATES	RES/N-R
30.108	M	7:30-8:45 PM	1/30-3/20	\$55/\$60

TEENS AND ADULTS



PILATES Mon. and Thurs.

Ages: 13 & up
Instructor: Pacific Holistic Health
 Jasee Clark-Grubb, Personal Fitness Trainer
Location: Pacifica Community Center, 540 Crespi Dr.

This class lets you enjoy both Monday Night and Thursday night classes for a discounted price. See the descriptions for Pilates on the Ball and Pilates with Deep Relaxation for a complete description of the class and what to bring to each session. For questions call Jasee at 650-787-8893. Savings of \$15 when you sign up for both classes! Savings already included. **No Class 1/16, 2/20, 2/23, 3/27**

PILATES ON THE BALL

Ages: 13 & up
Instructor: Pacific Holistic Health
 Jasee Clark-Grubb,
 Personal Fitness Trainer
Location: Pacifica Community Center, 540 Crespi Dr.

Combining the pilates method of body conditioning with the stability ball provides a unique, low-impact way to get fit. Pilates on the ball aligns the body, builds long lean muscles, and develops core abdominal strength. Breathing, stretching and relaxation techniques will also be included. Those of you who enjoyed my other pilates class are sure to enjoy this one. Please bring an inflated stability ball, weights, mat and towel with you to class. For questions call Jasee at 650-787-8893. **No Class 1/16, 2/20, 3/27**

CLASS#	DAY	TIME	DATES	RES/N-R
30.102	M	6:15-7:15 PM	1/9-4/3	\$107/\$112

PILATES WITH DEEP RELAXATION

Ages: 13 & up
Instructor: Pacific Holistic Health
 Jasee Clark-Grubb, Personal Fitness Trainer
Location: Pacifica Community Center, 540 Crespi Dr.

The focus of this class is to strengthen, stretch and breathe. Traditional pilates exercises, current rehabilitative exercises, stretching and weights are all taught. The goal is for your muscles to be stronger and your body to feel stretched and your mind to feel relaxed and rejuvenated. The class level will be adjusted for the range of fitness levels. Please bring mat and hand weights to class and wear comfortable, loose clothing. For questions call Jasee at 650-787-8893. **No Class 2/23**

CLASS#	DAY	TIME	DATES	RES/N-R
30.106	Th	6:15-7:30 PM	1/5-3/23	\$117/\$122

CLASS#	DAY	TIME	DATES	RES/N-R
30.107	M & Th	6:15-7:15 PM	1/5-4/3	\$197/\$202



YOGA

Ages: 14 & up
Instructor: Ylva Wintzell
 Professional Fitness Instructor
Location: Pacifica Community Center, 540 Crespi Dr.

Yoga is both invigorating and relaxing and lets you tune in to your body and become more flexible and strong. It is great as stress relief and also helps to prevent injuries. Beginners and intermediate students will both find the class beneficial. Bring a workout mat and wear comfortable shoes. For questions please contact Ylva at 650-922-3502 or dance@danceinmind.com

CLASS #	DAY	TIME	DATES	RES/N-R
30.104	W	6:00-7:00 PM	1/11-3/29	\$127/\$132

Register at <https://apm.activecommunities.com/Pacifica/Home>

TEENS AND ADULTS

MIX IT UP!

Ages: 15 & up
Instructor: Amy Sullivan
Location: Sanchez Art Center

Acrylic painting workshops introduce various mixed media effects and techniques—texture, layering, paint dripping, stencils, and monoprinting. Experience new levels of possibility as you loosen up your artistic style and bypass creative blocks with ease. Bring \$5 materials fee (or \$10 for all 3 workshops) and a journal for writing. No previous art experience necessary!

CLASS#	DAY	TIME	DATES	RES/N-R
30.162	Sat	11:00 AM-2:00 PM	1/28	\$72/\$77
30.163	Sat	11:00 AM-2:00 PM	2/25	\$72/\$77
30.164	Sat	11:00 AM-2:00 PM	3/25	\$72/\$77
Combo				
30.165	Sat	11:00 AM-2:00 PM	1/28-3/25	\$182/\$187



IN THE BRUSHSTROKE

Ages: 15 & up
Instructor: Janet Barker
Location: Sanchez Art Center

Mastering brushstrokes to create realistic paintings using ink, watercolor and acrylics. All levels. Your completed painting will transfer your passion for Sky and Sea from your heart, through the brush and onto the canvas. Brushstrokes can be applied to other subject matter. Bring \$10 materials fee. Topics: 1/14 Sky and Sea; 2/11 Birds, Sky and Sea; 3/11 Land, Sky and Sea

CLASS#	DAY	TIME	DATES	RES/N-R
30.166	Sat	11:00 AM-2:00 PM	1/14	\$72/\$77
30.167	Sat	11:00 AM-2:00 PM	2/11	\$72/\$77
30.168	Sat	11:00 AM-2:00 PM	3/11	\$72/\$77
Combo				
30.169	Sat	11:00 AM-2:00 PM	1/14-3/11	\$182/\$187



At the Mildred Owen Concert Hall
 For information, call 355-1882 or
www.pacificaperformances.org.



PCT Offers workshops in all areas of film production from operating various equipment to producing your own show. Check out our website at www.PacificCoast.TV for a complete list of of workshops with dates and times.

MOSAIC STEPPING STONES

Ages: 13 & up
Instructor: Nancy Hall
Location: Sanchez Art Center

Grace your garden with a unique mosaic stepping stone. Learn how to work with mosaic tools and materials, and take home a stepping stone of your own design. Pre-made concrete pavers and mosaic materials supplied. Bring \$10 materials fee payable to instructor, and any items or materials you'd like to include in your mosaic.

CLASS#	DAY	TIME	DATES	RES/N-R
30.170	Sun	1:00 PM-5:00 PM	1/22	\$67/\$72

LEARN TO PAINT ON YOUR PHONE/TABLET

Ages: 18 & up
Instructor: Jean Mecorney
Location: Pacifica Community Center

Introductory class using Sketchbook Express and Snapseed (both free). Explore painting, drawing, collage and developing your own style!

CLASS#	DAY	TIME	DATES	RES/N-R
30.171	W	10:00 AM-11:30 AM	1/18-2/22	\$126/\$133



Art exhibits, and art classes for kids and adults!

Creating Community through Art

Call 355-1894 or visit
www.sanchezartcenter.org

Visit our Website at www.cityofpacific.org

BEADING AND JEWELRY MAKING

Ages: 18 & up
Instructor: Jo Ann Kidwell
 Craft Instructor

Location: Pacifica Community Center, 540 Crespi Dr.

This class is for beginning and advance students. Projects include working with beading, wire wrapping, cold connections, dapping, soldering, enameling and glass fusing. We even work with leather. Students are encouraged to bring in a project. You may bring your own equipment or kits are available to purchase from instructor for (\$35-\$75) **No Class 12/24 & 12/31**

CLASS #	DAY	TIME	DATES	RES/N-R
40.132	Th	6:30-9:00 PM	1/5-3/9	\$123/\$128

DOG TRAINING the FUN WAY

Ages: 18 & up
Instructor: Beverly Kingsbury
 Certified Dog Trainer

Location: Pacifica Community Center, 540 Crespi Dr.



THE ENTIRE HUMAN FAMILY IS INVITED TO ATTEND! Learn to teach your dog/puppy basic obedience. Your dog will learn to sit, down, stay, come, leave it, good manners and how to become a good canine citizen. Learn how to address misbehavior; like barking, jumping, and begging. Dogs must be healthy and people and dog friendly. **NO DOGS AT FIRST SESSION!** PROOF OF CURRENT DOG VACCINATIONS REQUIRED. Puppies must have 2 out of 3 sets of shots. Dogs must be under flea control and healthy.

CLASS#	DAY	TIME	DATES	RES/N-R
40.135	TH	6:00-7:00 PM	1/5-2/9	\$167/\$172
40.137	TH	6:00-7:00 PM	2/23-3/30	\$167/\$172

FELDENKRAIS

Ages: 18 and up
Instructor: Perry Silver
Location: Pacifica Community Center, 540 Crespi Dr.

Notice the contact your body makes with the floor as you lie down... your breathing rhythm. Where is there holding...where is there not? So begins many of our Awareness Through Movement (ATM) lessons. Moving meditation. Loose attire recommended. For questions please contact Perry at (415) 305-1483. **No Class 2/20**

CLASS#	DAY	TIME	DATES	RES/N-R
40.102	M	6:00-7:00 PM	2/6-3/27	\$63/\$68

POLE WALKING FOR BALANCE, MOBILITY & EXERCISE

Ages: 21 & up
Instructor: Jayah Faye Paley
 AFAA & ACE-Certified Personal Trainer, Educator and Mobility Coach

Location: Pacifica Community Center, 540 Crespi Dr.

Learn skills to help improve balance, endurance, posture, confidence, walking gait, agility, function and strength. Easy-to-learn techniques and gentle exercises help with mobility challenges so you can navigate everyday obstacles, feel taller and strengthen muscles that support your joints. Quality poles provided; discover optimal fit for you. This class is for people of all ages with mild to moderate mobility issues. It's helpful for either preparing for or recovering from joint surgery. Weather permitting, there will be an optional practice pole walk with ocean views. For more information please visit www.PolesForMobility.com

CLASS #	DAY	TIME	DATES	RES/N-R
40.110	Th	2:15-4:30 PM	3/16	\$26/\$31



STRETCH WITH YOGA

Ages: 18 & up
Instructor: Elizabeth Langowski
 Pacifica yoga instructor over 25 yrs.

Location: Pacifica Community Center, 540 Crespi Dr.

This class integrates various yoga methods. Warming with light joint work and flowing into postures to enhance balance, flexibility, strengthen muscles, release tension and improve circulation. Experience relaxation and renewal with a meditation at the end of each class. Wear loose clothes; bring yoga mat, towel and long yoga belt.

CLASS#	DAY	TIME	DATES	RES/N-R
40.108	T	7:00-8:15 PM	1/3-3/21	\$127/\$132
40.109	TH	7:30-8:45 PM	1/5-3/23	\$127/\$132




For more information Call 650-359-5462 or visit pacifichistory.org

ADULTS

SURVIVAL SPANISH

Ages: 18 & up
Instructor: Bob Bachecki
 ESL/Spanish Instructor
Location: Pacifica Community Center, 540 Crespi Dr.

Learn the very basics of speaking Spanish in this course designed to help those who have little or no familiarity with the Spanish language. This course will help those who need to communicate in Spanish either in the workplace or in their community.

CLASS#	DAY	TIME	DATES	RES/N-R
40.136	T	5:00-7:00 PM	1/24-2/21	\$107/\$112

TAI CHI

Ages: 21 & up
Instructor: Irene Hilton
 Tai Chi Instructor
Location: Pacifica Community Ctr, 540 Crespi Dr.

A continuously moving sequence of controlled movements, which can be used to improve balance, flexibility, cardiovascular health and physical control. Research studies show Tai Chi improves fall prevention and psychological health. There are different approaches to the practice of Tai Chi from a purely physical exercise to a complete spiritual discipline. Advance Beginner & Intermediate level requires the consent of instructor prior to enrollment. For questions please contact Irene at sfnative39@hotmail.com **NO CLASS 1/10, 2/28**

CLASS #	DAY	TIME	DATES	RES/N-R
40.112	T	6:00-7:00 PM	1/3-3/21 Adv Beg	\$93/\$98
40.113	T	7:00-8:00 PM	1/3-3/21 Int.	\$93/\$98

ZUMBA GOLD

Ages: 18 & up
Instructor: Nora Napier
 Licensed Zumba Instructor
Location: Pacifica Community Center, 540 Crespi Dr.

Zumba Gold is a lower impact, easier to follow class, while keeping with the elements of basic Zumba. This class offers high energy, motivating music with made for you routines. Class focuses on all elements of fitness: cardiovascular, muscular conditioning, flexibility and balance. No experience required to have fun! For more information contact Nora at 415-710-6206 or noranap@juno.com
No classes 1/16, 2/20, 2/22

CLASS#	DAY	TIME	DATES	RES/N-R
40.140	M	7:00 PM-8:00 PM	1/9-3/27	\$77/\$82
40.141	W	5:30 PM-6:30 PM	1/4-3/29	\$91/\$96

TAROT CARD READING

Ages: 18 & up
Instructor: Jo Ann Kidwell
 Tarot Card Reader
Location: Pacifica Community Center, 540 Crespi Dr.

This class will introduce you to tarot cards, the symbology, numerology, astrology, and basic mythology that are found within the tarot cards. Students will learn the symbolism in each card and also learn how to spread out the cards and read them. If you do not have a deck please purchase a Rider Waite deck.

CLASS #	DAY	TIME	DATES	RES/N-R
40.131	Th	5:00-6:30 PM	1/5-3/9	\$123/\$128

**COME ENJOY PACIFICA
 WE HAVE SOMETHING FOR EVERYONE!!!!**



Visit our Website at www.cityofpacifica.org



PACIFICA SENIOR CENTER

Located at 540 Crespi Drive the Pacifica Senior Center offers over 40 programs which emphasize health, socialization, physical activity, nutrition education and volunteer opportunities. Our mission

is to enhance the quality of seniors' lives, so they can continue to be a vital part of the community.

SENIORS IN ACTION (SIA) MEMBERSHIP

Support Senior Services Programs by becoming a member for \$20/year or \$35/year per couple. Membership provides you with our "Senior Tidings" bi-monthly newsletter, discounts on classes and events, special parking privileges and more! For more information regarding SIA Membership, please contact Janis Haynes at 738-7384.

AARP Senor Safety Drivers' Course

Call your Auto Insurance to see if they accept this certification for your discount.

The Course will be:

Tuesday's March 14 & 21 from 12:30-4:30 PM

(This is an 8 hour mandatory class which is good for 3 yrs.)

If you have already completed this eight-hour course you can take the 4 ½ hour Refresher Course on Tuesday, April 4 from 12:30-5:00 PM. For more informatin and to make a reservation call 650-738-7384.

Senior Services Rummage Sales

Shop at our indoor Rummage sales held every other Wed. & Thurs. All proceeds benefit Senior Services programs. For more information please contact Janis Haynes at 738-7384

- January 11 & 12 / 25 & 26
- February 8 & 9 / 22 & 23
- March 8 & 9 / 22 & 23



Register at <https://apm.activecommunities.com/Pacifica/Home>

CONGREGATE LUNCH PROGRAM

Monday - Friday 11:30 AM - noon

Pacifica Senior Center Auditorium

Suggested donation for seniors (60+) is \$3.00

A variety of healthy and nutritious lunches are served throughout the week. Enjoy social activities, local entertainment and informational speakers before lunch. For more information or questions regarding our lunch time program please contact Janis Haynes at 738-7384.



INFORMATION & REFERRAL

The City of Pacifica's Senior Services Information and Referral program is available Monday through Friday from 9:30 AM to 1:30 PM at 650-738-7353 to provide community linkages on aging issues.

AARP Tax Preparation

AARP Foundation Tax-Aide is the nation's largest free, volunteer-run tax preparation program. Since 1968 this group has helped more than 50 million tax payers. The expert, IRS-certified volunteer team at the Pacifica Senior Center assisted clients with more than 300 tax returns last year. There is no fee and AARP membership is not required. Seniors 60 and over should contact Karen Parque, Information & Referral Coordinator, at 650 738-7353 for more information and to make an appointment. (Standing L to R: Steve Matsuo, Barbara Von Glahn, John Morarity, Peg Vaughn, Lillian Young. Seated L: Dott Reed. Not pictured: Mike Kleine.)



SENIORS

SENIOR SERVICES TRANSPORTATION



To and From the Senior Center

The Pacifica Senior Services bus is available for transportation to and from the Senior Center from your Pacifica home Monday through Friday 8:45 AM-2:00 PM. Our 20-passenger bus is lift-equipped for wheelchair and walker access.

A suggested \$3 round-trip donation for seniors is appreciated. No eligible individual shall be denied participation because of failure or inability to contribute.

Shopping Trips

Shopping trips are offered throughout the month from your Pacifica home to local shopping centers followed by lunch at the Senior Center then returning home. A suggested \$3 round-trip donation is appreciated

Date	Shopping Center	Shop Time
Tue 1/10	Fairmont Center	10:15-11:30am
Wed 1/25	Grocery Outlet	10:15-11:30am
Thu 2/9	Westlake	10:15-11:30am
Tue 2/21	Linda Mar Center	10:15-11:15am
Wed 3/8	Serramonte	10:15-11:30am
Thu 3/23	Grocery Outlet	10:15-11:15am

Medical Appointment Transportation

Medical appointment transportation may be scheduled with 48-hours advance notice as transportation activities permit, typically between 10:30 AM and noon Mon - Fri. Medical appointment transportation is a mandatory fee of \$20 round trip. Transportation is available from your home in Pacifica to:

- Campus Medical Center (Daly City),
- Seton Medical Center (Daly City),
- Kaiser Permanente (South San Francisco), or
- Kaiser Permanente (Daly City).

For more information about senior transportation services or to schedule a trip, please contact Ann Cooney, Transportation Coordinator and Jose Meza, Senior Services Driver (en Español) at 650-738-7350.

Special Trips

Senior Services offers special outings several times a year. A Bowling Extravaganza (January), Movie Date (February) and Mystery Trip are planned for early 2017. Stayed tuned to our website (http://www.cityofpacifica.org/depts/pbr/senior_services/) and Facebook page (www.Facebook.com/PacificaSeniorServices) for updates!

MEALS ON WHEELS

Volunteers

Volunteers are the heart of our Meals on Wheels program. They deliver scratch-cooked meals Monday through Friday to five designated areas of Pacifica. While we have a dedicated team of 45 volunteers including our “regulars” and substitutes, we are always looking for new talent! Perhaps you are newly retired and looking for a flexible volunteer opportunity. Maybe your corporate group is looking for a fulfilling team building activity. Whatever your situation, if you are interested in joining Pacifica’s TEAM MEALS ON WHEELS, please contact Ann Cooney at 650 738-7350 or cooneya@ci.pacificaca.



March for Meals

Throughout March, Pacifica Meals on Wheels will participate again in the month-long national “March for Meals” campaign led by Meals on Wheels America. “March for Meals” is designed to generate public awareness about senior hunger and isolation and to celebrate the invaluable services provided by senior nutrition programs. We were honored to have Mayor Sue Digre, City Manager Lorie Tinfow, PB&R Commissioner Michael Mau and Pacifica Tribune Editor Horace Hinshaw lead the campaign as our Community Champions last year. If you are interested in supporting this campaign as a sponsor or volunteer, please contact Ann Cooney at 650 738-7350 or cooneya@ci.pacificaca.

Visit our Website at www.cityofpacifica.org



Pacifica Community Center Senior Classes, Games & Groups

CLASS	INSTRUCTOR	PRICE	TIME	ROOM	M	T	W	TH	F
EXERCISE & HEALTH (Please wear loose comfortable clothing and appropriate shoes for all exercise classes.)									
Aerobics	Susan Watson-Acero	\$3 SIA MEMBER \$5 NON-MEMBER	9:15-10:15 AM	Dance Studio		x		x	
Mat Yoga	Judy Orloff	\$3 SIA MEMBER \$5 NON-MEMBER	11:30-12:50 PM	Dance Studio		x			
Chair Yoga	Judy Orloff	\$3 SIA MEMBER \$5 NON-MEMBER	10:30-11:30 AM	Dance Studio		x			
Basic Hula	Shirley Ortega	\$3 SIA MEMBER \$5 NON-MEMBER	1:00-2:00 PM	Dance Studio		x			
Tai Chi	Norman Stoddard	\$3 SIA MEMBER \$5 NON-MEMBER	8:30-10:00 AM	Dance Studio			x		
Feldenkrais	Monica Olsen & Liz McNab	\$3 SIA MEMBER \$5 NON-MEMBER	W-10:15-11:15 AM TH-1:00-2:00 PM	Dance Studio			x	x	
Zumba GOLD *Will adapt to your need	Nora Napier	\$3 SIA MEMBER \$5 NON-MEMBER	10:30-11:30 AM	Studio				x	
Zumba Gold Chair	Nora Napier	\$3 SIA MEMBER \$5 NON-MEMBER	9:15-10:00:00 AM	Card Room			x		
Line Dancing	Rudy Paquette	\$1 SIA MEMBER \$2 NON-MEMBER	1:00-2:45 PM	Aud	x				
COMPUTER CLASSES (*Please sign-up in Computer Lab on Wednesday between 10:30-11:30AM.)									
*Photoshop Elements	Eleanor Kikuchi	\$3 SIA MEMBER \$5 NON-MEMBER	M & TH 9:30-11:30 AM M 12:30-2:30 PM W 12:30-3:00 PM	Computer Lab	x		x	x	
Digital Scrapbooking	Anne Farrow annefarrow@aol.com	\$3 SIA MEMBER \$5 NON-MEMBER	10:00-12:00 PM	Computer Lab		x			
Family Tree Research	Ginny Smithson	\$3 SIA MEMBER \$5 NON-MEMBER	T 12:45-2:45 PM F 9:30-11:30	Computer Lab		x			x
Computer Literacy	Eric Noyes	\$3 SIA MEMBER \$5 NON-MEMBER	9:00-10:00 AM	Computer Lab			x		
Open Lab	Pearl Smith	FREE - MEMBER	10:30-11:30 AM	Computer Lab			x		
Facebook	Eleanor Kikuchi	\$3 SIA MEMBER \$5 NON-MEMBER	12:30-2:30 PM	Computer Lab					1st
*Basic Comp 1:1	Eleanor Kikuchi & Janet Kraink-Lusano	\$3 SIA MEMBER \$5 NON-MEMBER	2nd, 3rd, 4th TH 12:30-3:30 PM	Computer Lab					2nd 3rd 4th

For more information call (650) 738-7384

Register at <https://apm.activecommunities.com/Pacifica/Home>

SENIORS



Pacifica Community Center Senior Classes, Games & Groups

CLASS	INSTRUCTOR	Price	TIME	ROOM	M	T	W	TH	F
ART/CRAFT CLASSES									
Making Cards w/ Rubber Stamps	Flo Derby & Joanne Burton	\$3 SIA MEMBER \$5 NON-MEMBER	1:00-2:00 PM Every 3rd Wed	Ceramics Room			X		
Acrylic Painting	Barbara Taufer	\$3 SIA MEMBER \$5 NON-MEMBER	9:30-11:30 AM	Craft Room		X			
Stained Glass	Joanne Wall & Joe Patino	\$3 SIA MEMBER \$5 NON-MEMBER	10:00-3:00 PM	Ceramics Room		X			
Kitting, Crochet & Needle Point	Erika Vulcanoff	\$1 SIA MEMBER \$2 NON-MEMBER	1:00-3:00 PM	Game	X		X		
Sewing Class (Community Project)	Karen Freutel Katie Best (FREE)	\$1 SIA MEMBER \$2 NON-MEMBER	9:30-11:30 AM	Craft			X		
Ceramics	Stephanie Turner	\$1 SIA MEMBER \$2 NON-MEMBER	10:00-3:00 PM	Ceramics Room				X	
Quilters	Liz Arguello & Elaine Yarbrough	\$1 SIA MEMBER \$2 NON-MEMBER	10:00-12:00 PM	Craft				X	
Jewelry Making	JoAnn Kidwell	\$1 SIA MEMBER \$2 NON-MEMBER	9:30-12:00 PM	Craft					X
GAMES & GROUPS									
Bocce Ball	Self Directed	\$1 SIA MEMBER \$2 NON-MEMBER	M-Th 9:00-4:00PM F- 9:00-12:30PM	Bocce Ball Court	X	X	X	X	X
Pickle Ball (Beginners)	Bob Hayes	\$1 SIA MEMBER \$2 NON-MEMBER	Call 650 355-1739	Auditorium				X	
Ping Pong	Self Directed	FREE	M-Th 3:00-5:00 PM advanced T-10:00-11:00 AM-beginner F- 9-11:30 AM	Game	X	X	X	X	X
Pool	Self Directed	FREE	MTTh 9:00-4:00PM W 9:00-12:30PM F-9-12:30PM	Game	X	X	X	X	X
5¢ Bingo	Gloria Lombardo	5¢ Per Card	M 9:30-11:45 AM	Craft	X				
Mah Jong	Nancy Hunt	FREE	12:45-3:00 PM	Card Room		X			
Pedro	Rose Martin	FREE	12:30-3:30 PM	Card Room	X				
Rummikub	Come & learn or just play	FREE	12:45-2:30 PM	Small Office				X	
Big Bucks Bingo	Bingo Committee	\$7 Buy-In	1:00-3:00 PM	Auditorium			X		
Pacifica Bridge Club	Wanda Kirvin	FREE	12:30-3:30 PM	Card Room				X	
Unidad Latinos	Ena Rico Brand	FREE	10:00-12:00 PM	Card Room		1st			
Creative Writing	Class Directed	FREE	10-11:30 AM	Small Office				X	
Ukulele Class Jam Session	Class Directed	\$1 SIA MEMBER \$2 NON-MEMBER	W12:45-2:00 PM F 12:00-1:30 PM	W- Card Room F-Portola			X		X

540 Crespi Drive, Pacifica, CA 94044 650 738-7384 www.cityofpacifica.org www.Facebook.com/SeniorServices

PRESCHOOL

City of Pacifica Child Care Services is licensed by the State of California Department of Social Services to provide preschool services for children ages 3 to 5 years old. Children must be completely toilet-trained.



2016-2017 PROGRAM FEES (see page 21)

Site	January 1, 2017
Vallemar & Fairmont West	\$955/month
Plus a one time non-refundable registration fee of \$75	

State Preschool

Fairmont Park & Sunset Ridge	\$640/month
Ocean Shore	\$420/month

Low-cost fees are available to families who meet the income and need eligibility requirements.

OPERATING HOURS

Vallemar Preschool and Fairmont West Preschool: 7am-6pm, Mon-Fri year round, closing for City holidays and two days for staff training per year.

The Ocean Shore, Fairmont Park, and Sunset Ridge State Preschool programs are open: 9am-Noon, Mon-Fri during the school year only. State preschools follow the elementary school calendar.



The City of Pacifica Child Care Services does not discriminate on the basis of sex, sexual orientation, gender, ethnic group identification, race, ancestry, national origin, religion, color or mental or physical disability.

SCHOOL-AGE CARE

City of Pacifica Child Care Services is licensed by the State of California Department of Social Services to provide before and after school care for children ages 5 to 13 years at four elementary school sites in Pacifica.



2016-2017 CHILD CARE RATES (see page 21)

	January 1, 2017
Before School Only	\$285/month
*Annex School Year	
Before & After	\$540/month
** Before & After School	\$655/month

*Annex - Recreation based Child Care program
 **After School - State of California Child Care Program supported through the Dept. of Education

For Child Care information call 650-738-7387

OPERATING HOURS

All school-age sites are open from 7 am to 6 pm, Monday through Friday year-round, closing for City holidays and two days for staff training per year.

Pacifica Child Care Services serves children from age 3 and up. Developmentally age-appropriate curriculum is designed to meet preschool children's socialization needs and to get them ready for future learning experiences. School-age children are exposed to a recreationally-based curriculum which allows them to explore enrichment activities. Monday thru Friday, 7 am to 6 pm – all year long. Closed holidays.

Licensed school-age and preschool sites are at the following locations: Cabrillo, Vallemar, Ocean Shore and Sunset Ridge. Staff is experienced and trained in the areas of child development, supervision, curriculum, first aid and CPR.



Register at <https://apm.activecommunities.com/Pacifica/Home>

MEET OUR CHILD CARE STAFF



EVA TONG
SITE COORDINATOR

COLLEEN WRIGHT
SITE COORDINATOR



LISA MENCONI
SITE COORDINATOR



COLLEEN CONGRATULATIONS ON YOUR RETIREMENT!!

Please join us in wishing Colleen a happy and healthy retirement. Colleen has earned her retirement with respectful distinction, proud dedication and great achievements.

Colleen was hired in 1986 to work for the Parks Beaches and Recreation Child Care division as a site coordinator at the Vallemar site and has been the only site coordinator at that site. Colleen has contributed to strengthening our community by providing social, educational and recreation opportunities to thousands of children. Colleen has had the distinction of working with staff members and serving parents who were once children in her programs

Colleen is a Pacifica resident who has given of herself through her commitment to volunteerism, particularly with the Rotary Club of Pacifica.

Thank you Colleen for your life long contribution to the children and families of your community. You will be missed!!!



GRETA HAYES
SITE COORDINATOR



MINDY TIET
ASST. SUPERVISOR &
SITE COORDINATOR



APPLICATION City of Pacifica Child Care Services

Today's Date _____ Date Services Requested _____

Interested in (please check): Preschool _____ School-Age _____

CHILD'S NAME _____ Birth Date _____ Grade _____

PARENT/ GUARDIAN NAME _____

Address _____

Phone (Cell) _____ (Home) _____

Email address _____

Does your child have any special needs? _____

Year-Round Program Rates (not summer rates) - fees in effect 7/1/16

- | | |
|---|--|
| <p>Preschool Full Cost (Full Day) (see page 19)
\$880/month (if space is available)</p> <p>Full Cost State Preschool (Half-Day) (see page 19)
\$580/month - Sunset Ridge or Fairmont Park
\$420/month - Ocean Shore</p> | <p>2016-2017 School-Year Rates: (see page 19)
Before School only
\$285/month (Annex Only)
(Cabrillo, Ocean Shore, Sunset Ridge, & Vallemar)</p> <p>School-Age Before and/or After School (see page 19)
*\$540/month Annex
(Cabrillo, Ocean Shore, Sunset Ridge, & Vallemar)
**\$595 After School Care</p> |
|---|--|

- *Annex - Recreation based Child Care program
- **After School - State of California Child Care Program supported through the Dept. of Education

If space is not available at time of application, a waiting list will be kept for the current school year only.

School Age	Full-Day Preschool	Half-Day State Preschool (free to eligible families)
<input type="checkbox"/> Cabrillo <input type="checkbox"/> Cabrillo Annex	<input type="checkbox"/> Fairmont West	<input type="checkbox"/> Ocean Shore (Full Cost Only)
<input type="checkbox"/> Ocean Shore <input type="checkbox"/> Ocean Shore Annex	<input type="checkbox"/> Vallemar	<input type="checkbox"/> Sunset Ridge (Full Cost or State Subsidy)
<input type="checkbox"/> Sunset Ridge <input type="checkbox"/> Sunset Ridge Annex		<input type="checkbox"/> Fairmont Park (Full Cost or State Subsidy)
<input type="checkbox"/> Vallemar <input type="checkbox"/> Vallemar Annex		

For families interested in subsidy eligibility, please provide the following information:

Family Size _____ Monthly Gross Income (before taxes) _____

Call (650) 738-7381 for more information. License #4105174202

How did you learn about our program? (Check one)

- PLAY Brochure Pacifica Tribune Friend/ Family/ Neighbor Banner/ Poster
 Facebook City of Pacifica Web Site Internet Search Other

The City of Pacifica does not discriminate on the basis of sex, sexual orientation, gender, ethnic group identification, race, ancestry, national origin, religion, color, or mental or physical disability.



Visit our Website at www.cityofpacifica.org

Register at <https://apm.activecommunities.com/Pacific/Home>

JEAN E. BRINK POOL

ADULT OPTIONS

ADULT LAP SWIM

Ages: 18 and up

Cost: \$6 Adults, \$5 Seniors

Pool is open during the following times for lap swim.

Discount passes are available.

DAY	TIME	DATES
M-F	5:00-8:00AM	Ongoing
M-F	10:00AM-2:00PM	Ongoing*
W	7:30-9:00PM	Ongoing
Sa	8:00-9:30AM	Ongoing
Su	11:00AM-1:00PM	Ongoing

* Times are subject to change due to pool availability

WATER AEROBICS

Ages: 18 and up

Cost: \$6 Adults, \$5 Seniors

All classes are open to all abilities. Discount passes are available.

DAY	TIME	DATES
M-F	10:00-11:00 AM	Ongoing*
Sa	8:30-9:30 AM	Ongoing

* Times are subject to change due to pool availability

Reduced Daytime Hours due to High School Usage

March 13-May 19 12-1 (M,T,Th,F) Water Aerobics 12-1 pm
12:45-3:45 (W) Water Aerobics 12:45-1:45 pm
April 3-April 7 12-1 pm (M-F)
No daytime on Wednesday May 12



AQUA ZUMBA

Ages: 18 and up

Instructor: Claudia Rodas, Licensed Aqua Zumba Instructor

Aqua Zumba is the "pool party" workout with Latin rhythms, international zest and easy-to-follow dance moves that create a one-of-a-kind water-based one-hour calorie-burning workout. It's a body-energizing class in the pool!

CLASS#	DAY	TIME	DATES	RES/N-R
80.148	W	8:00-9:00 PM	1/11-2/8	\$56/\$61
80.149	W	8:00-9:00 PM	3/1-3/29	\$56/\$61

WATER POLO

Ages: 18 and up

Cost: \$6 Drop-in

For more information, email fogwaterpolo@gmail.com or call 650-738-7460.

DAY	TIME	DATES
Su	8:30-10:30 AM	Ongoing
Th	8:00-10:00 PM	Ongoing

WAYS TO SAVE

DISCOUNT SWIM PASS

Like to use the pool for lap swim, water aerobics, recreational swim and want to save a few bucks? Then the discount swim pass is the way to go!

TYPE OF PASS	0-17 YOUTH	18-59 ADULT	60+ SENIOR
10 swims	\$45	\$54	\$45
20 swims	\$85	\$99	\$85

ALL ACCESS SWIM MEMBERSHIP

Ages: 18 and up

This adult program allows the member to swim anytime that the pool is open with the exception of swim meets and private rentals. The number of lanes available may vary depending on programs in progress. This program may start within 5-7 minutes of the start time.

DAY	TIME	DATES
M-F	5:00-8:00AM	Ongoing
M-F	10:00AM-2:00PM	Ongoing (times subject to change)
M,W,F	5:30-9:00PM	Ongoing
T	5:30-7:00PM*	Ongoing
Th****	5:30-10:00PM	Ongoing
Sa**	8:00-9:30AM	Ongoing
Sa***	8:00AM-3:00PM	Ongoing
Su	8:30-3:00PM	Ongoing

*Until 8:00PM during lessons **No lessons scheduled ***When lessons are scheduled

All Access members must check in with cashier every time they come to swim.

****Brink Pool will be closed to All Access members on the following dates due to Terra Nova swim meets: 3/9, 3/16, 3/30, 4/27.

MEMBERSHIP	ADULT	SENIOR
Monthly	\$67	\$60
Quarterly	\$191	\$172
Yearly	\$737	\$663

POOL INFORMATION CLOSURES:

Brink Pool is a 10-lane, 25 yard x 25 meter, handicapped accessible competition indoor pool. The water temperature is 82 degrees. Participants must bring their own towel & lock which must be removed daily from the lockers provided. Please do not leave personal belongings in a locker without a lock. Brink Pool is not responsible for lost or stolen items.

POOL CLOSURE DATES:

DAY	DATE	IN OBSERVANCE OF
SA & SU	12/10-11	Swim Meet
TH & F	12/24-25	Christmas
TH & F	12/31-1/1	New Years
SA & SU	1/14-15	Swim Meet
M	1/16	MLK Day
SA & SU	2/11-12	Swim Meet
M	2/20	Presidents Day
SA & SU	3/18-19	Swim Meet

JEAN E. BRINK POOL

RECREATION SWIM

Cost: \$5 Youth, \$6 Adults, \$5 Seniors

Have a splashin' good time during recreation swim. Discount passes are available.

DAY	TIME	DATES
M	7:00-9:00PM	Ongoing
F	7:00-9:00PM	Ongoing
Sa	1:00-3:00PM	Ongoing
Su	1:00-3:00PM	Ongoing

BECOME A LIFEGUARD

LIFEGUARDING CLASS

Ages: 15 and up

Learn Skills Necessary to be a Lifeguard! **Mandatory attendance at all meetings!** Upon successful completion of this class participants will receive:

- American Red Cross Lifeguard Certification
- American Red Cross First Aid Certification
- CPR/AED for the Professional Rescuer Certification

Prerequisites: Must be 15 years of age, able to swim 300 yards (12 laps) continuously, using front crawl and/or breaststroke, tread water for 2 minutes, swim 20 yards, dive to retrieve 10 lb diving brick from bottom of pool, return to surface & swim 20 yards back with brick (face out of water, hands on brick). Put brick on deck and climb out of pool without using ladder in 1 min. 40 sec.

CLASS#	DAY	TIME	DATES	RES/N-R
80.552	M	8:30AM-3:30PM	4/10	\$195/\$200
	T	8:30AM-3:30PM	4/11	
	W	8:30AM-3:30PM	4/12	
	Th	8:30AM-3:30PM	4/13	
	Fi	8:30AM-1:30PM	4/14	



SWIM CLASSES - AGES 5 & UNDER

INFANT CLASSES

Emphasis on parent/child interaction, acquainting the child with the water and having fun! Swim diapers are mandatory if child is not potty-trained. Infant class size max is 8.

Little Bobbers

Ages: 4 months - 2 yrs.

CLASS#	DAY	TIME	DATES	RES/N-R
80.101	M	6:15-6:45PM	1/2-3/16	\$62/\$67
80.102	W	6:15-6:45PM	1/4-2/22	\$62/\$67
80.103	Sa*	9:30-10:00AM	1/7-3/11	\$62/\$67

*No Class 1/14 & 2/11 due to swim meet

Tiny Tots

Ages: 2-4 yrs.

CLASS#	DAY	TIME	DATES	RES/N-R
80.104	M	6:15-6:45PM	1/2-3/16	\$62/\$67
80.105	W	6:15-6:45PM	1/4-2/22	\$62/\$67
80.106	Sa*	10:00-10:30AM	1/7-3/11	\$62/\$67

*No Class 1/14 & 2/11 due to swim meet

PRESCHOOL CLASSES

For Preschool Levels, parents are not in the water. Staff will assess students and place them in the correct class. Successful completion of each level must be completed before advancing to the next level. Must be at least 42" tall. Class size max is 5.

Pollywogs, Tadpoles, & Frogs

Ages: 4-6 yrs.

Instructors will place swimmers in groups below.

CLASS#	DAY	TIME	DATES	RES/N-R
80.107	W	6:15-6:45PM	1/4-2/22	\$76/\$81
80.108	Sa*	9:30-10:00AM	1/7-3/11	\$76/\$81

*No Class 1/14 & 2/11 due to swim meet

SWIM LESSONS - AGES 6 & UP

SEA OTTERS

Ages: 6 and up

Successful completion of each level must be completed before advancing to the next level. Max class size is 6.

CLASS#	DAY	TIME	DATES	RES/N-R
80.110	T	6:15-6:45PM	1/3-2/21	\$68/\$72
80.111	T	6:45-7:15PM	1/3-2/21	\$68/\$72
80.127	Sa*	10:00-10:30AM	1/7-3/11	\$68/\$72

*No Class 1/14 & 2/11 due to swim meet

OCTOPUS

Ages: 6 and up

Successful completion of each level must be completed before advancing to the next level. Max class size is 6.

CLASS#	DAY	TIME	DATES	RES/N-R
80.114	T	6:15-6:45PM	1/3-2/21	\$68/\$72
80.115	T	6:45-7:15PM	1/3-2/21	\$68/\$72
80.128	Sa*	10:00-10:30AM	1/7-3.11	\$68/\$72

*No Class 1/14 & 2/11 due to swim meet

JEAN E. BRINK POOL

DOLPHIN

Ages: 6 and up

Successful completion of each level must be completed before advancing to the next level. Max class size is 6

CLASS#	DAY	TIME	DATES	RES/N-R
80.118	T	6:15-6:45PM	1/3-2/21	\$68/\$72
80.119	T	6:45-7:15PM	1/3-2/21	\$68/\$72
80.129	Sa*	10:30-11:00AM	1/7-3/11	\$68/\$72

*No Class 1/14 & 2/11 due to swim meet

UPPER LEVEL CLASSES

Ages: 6 and up

Successful completion of each level must be completed before advancing to the next level. **Please note: all three levels are combined into one class on Saturday. Max class size is 8.**

Swimmer Level

CLASS#	DAY	TIME	DATES	RES/N-R
80.122	T	7:15-8:00PM	1/3-2/21	\$75/\$80

Intermediate Level

CLASS#	DAY	TIME	DATES	RES/N-R
80.124	T	7:15-8:00PM	1/3-2/21	\$75/\$80

Advanced Level

CLASS#	DAY	TIME	DATES	RES/N-R
80.126	W	7:00-7:45PM	1/4-2/22	\$75/\$80

Combination Class (Swimmer, Intermediate & Advanced Levels)

CLASS#	DAY	TIME	DATES	RES/N-R
80.132	Sa*	10:45-11:30PM	1/7-3/11	\$75/\$80

*No Class 1/14 & 2/11 due to swim meet

SEMI-PRIVATE SWIM LESSONS

Ages: 5 and up

The class has a capacity of 2 students per instructor.

Students must be 42" tall or of adequate skill level.

CLASS#	DAY	TIME	DATES	RES/N-R
80.133	M	6:45-7:15PM	1/2-3/16	\$105/\$110
80.134	T	6:45-7:15PM	1/3-2/21	\$105/\$110
80.135	T	7:15-7:45PM	1/3-2/21	\$105/\$110
80.136	W	6:45-7:15PM	1/4-2/22	\$105/\$110
80.137	W	7:15-7:45PM	1/4-2/22	\$105/\$110
80.140	Sa*	10:00-10:30AM	1/7-3/11	\$105/\$110
80.130	Sa*	10:30-11:00AM	1/7-3/11	\$105/\$110
80.141	Sa*	11:00-11:30AM	1/7-3/11	\$105/\$110
80.142	Sa*	11:30AM-12:00PM	1/7-3/11	\$105/\$110

*No Class 1/14 & 2/11 due to swim meet

PRIVATE SWIM LESSONS

Ages: 5 and up

One-on-one lessons for adult or child. Skill level must be beginner or higher. Student must be at least 42" tall or of adequate skill level.

CLASS#	DAY	TIME	DATES	RES/N-R
80.143	T	6:15-6:45PM	1/3-2/21	\$165/\$170
80.151	Sa*	11:00-11:30AM	1/7-3/11	\$165/\$170
80.157	Sa*	11:30AM-12:00 PM	1/7-3/11	\$165/\$170

*No Class 1/14 & 2/11 due to swim meet

SWIM LESSONS - AGES 15 & UP

BEGINNING ADULT SWIM LESSONS

Ages: 15 and up

Designed for non-swimmers and those who would like to perfect their swimming skills. Class geared to the individual's needs and abilities.

CLASS#	DAY	TIME	DATES	RES/N-R
80.146	M**	6:45-7:30PM	1/2-2/21	\$70/\$75
80.147	Sa***	11:30AM-12:15PM	1/7-3/11	\$70/\$75

*No Class 1/14 & 2/11 due to swim meet

PACIFICA SEA LIONS SWIM TEAM AND PRE-COMP TEAM



Ages: 5-18 yrs

A competitive swimming program for youth 5-18 years of age. Try outs are held the last week of every month M-Th. For more information call (650) 738-7460 Team practices Mon thru Fri between the hours of 4-6:15 PM. Specific practice time varies depending on individual's ability. Monthly dues: \$72 (plus initial \$5 registration fee). Pre-Comp Team Mon thru Thurs 6:15-7:00 PM. Children must be water safe. Monthly dues: \$62. All swimmers must join Pacific Swimming under the USA Swimming umbrella. The fee is \$73 per year.

Please note: The Pacifica Sea Lion Aquatics Club Parent Board requires families to pay yearly dues to support the competitive aspect of the team. These fees are broken down as follows: \$11 per month Pre-Comp and \$21 per month Comp. Please refer to the parent handbook for more information.

CITY OF PACIFICA AQUATICS INFORMATION

- Registration opens Monday Dec. 12, 2016 at 8:30 AM.
- Classes are held at the Jean E. Brink Pool located on the Oceana High School Campus, 401 Paloma.
- Lockers are available to use while using the pool facility.
- There are **NO** make-up dates for missed classes.
- For more information, please contact the Pool Staff at 650-738-7460
- Pool temperature is 82 degrees.

Visit our Website at www.cityofpacifica.org

Enjoy a day out and about in Pacifica!

Visit a Local Park or Beach!

The City of Pacifica Parks, Beaches & Recreation Department offers a variety of parks, beaches, and trails for the public to enjoy. In addition, some of our locations are available to rent for meetings, weddings and special events.

Parks, Beaches, & Recreation Department
 1810 Francisco Blvd. - 650-738-7381
Pacifica Community Center
 540 Crespi Dr. - 650-738-7378

**Parks
 Make
 Life
 Better!**



Parks/Beaches	BBQs	Restrooms	Trails	Playground	Showers	Picnic Area	Surfing	Skate Park	Soccer	Baseball	Dogs on Leash
Frontierland Park - Yosemite Dr & Humbolt Ct	◆	◆		◆		◆					◆
Pacifica State Beach - Hwy 1 @ Linda Mar Blvd.		◆	◆		◆		◆				◆
Sanchez Dog Park - 1220 Linda Mar Blvd.											⌘
Pacifica Skatepark - 540 Crespi Dr.		◆		◆				◆			❖
Esplanade Beach - off Esplanade Ave											⌘
Edgemar Park - Fremont Ave	◆			◆		◆					◆
Pomo Park - Carmel @ Canyon Dr.				◆							❖
Oddstad Park - 1050 Crespi Dr.						◆				◆	◆
Fairmont Park - 649 Parkview Circle				◆		◆					◆
Fairmont West - 5066 Palmetto Ave				◆		◆			◆	◆	◆
Sharp Park Promenade - Beach Blvd	◆	◆	◆			◆					◆
San Pedro County Park Rosita Rd & Oddstad Blvd	◆	◆	◆			◆					
Fairway Park - Cindy Way	◆	◆				◆				◆	◆
Brighton Mini Park - Brighton Rd @ Scenic				◆		◆					
Sanchez Fields - 1220 Linda Mar Blvd									◆	◆	◆
Rockaway Beach - Rockaway Beach Ave		◆	◆		◆		◆				◆

❖ = No Dogs Please
 ⌘ = Dogs off leash OK
 ◆ = Amenity Available

PARKS, BEACHES AND TRAIL RENTALS

Beach, Park & Trail Rentals

For booking info call (650) 738-7381

Beaches

There are several beach locations including Pacifica State Beach, Rockaway Beach, and Sharp Park Beach available to hold your rental event.

- **Beach Events**, >50 people \$175
- **Wedding**
 - <99 people \$225
 - >100 people \$325
- **Surf Event**
 - Local Non-Profit Group \$325
 - For Profit Groups \$650/\$800
- **Film/Photo Shoots**
 - Non-profit Group/Students/Amateur \$100
 - Commercial \$550
 - Commercial (Major) \$800



Frontierland Park

The Large Group Picnic Area at Frontierland Park is available from 10:00 AM - until sunset. Other picnic areas are first come, first serve. The park is open until sunset.

- Large Group Picnic Area >50 people \$200
- Non-Refundable Deposit \$ 25



Trails

A recreation trail use permit is required for all groups.

- Recreation Trail Use Permit \$125



BEACHES, PARKS, TRAILS

POLICIES

1. A booking fee of \$25 is required the day of reservation and goes toward the cost of overall park/beach/trail rental fee. The booking fee is non-refundable upon cancellation.
2. Film fees are based on type and size of production
3. Additional fees may apply based on type of vehicles/ additional staff time/impact on the area, etc.
4. There is an additional \$25 security deposit for the BBQ key for Frontierland Park that must be picked up by 5pm the Thursday prior to the rental. This security deposit is refunded upon return of the key.
5. Alcoholic beverages are prohibited in any City park, beach or trail by City of Pacifica ordinance.
6. All parks are open until dusk.
7. Glass containers are prohibited in parks and on beaches by City ordinance.
8. Fires are prohibited on all city beaches by City ordinance.
9. No softball or hardball allowed in parks.
10. No inflatable jump house, toys or pools.
11. NO AMPLIFICATION ALLOWED in parks.
12. Use designated parking lot or street parking.

PACIFICA COMMUNITY CENTER PRICING GUIDE

All rates are hourly. Warming Kitchen and additional rooms may be added for an additional fee. A security deposit is required to reserve the booking. Community Center requires a minimum 4 hour event for weekend rentals. Capacities vary depending upon equipment used and table set-up. The capacity numbers listed below are based upon maximum allowed by Fire Department. To receive non-profit pricing, client must provide a copy of the 503c status.

Weekend rates: Friday after 1:30PM through Sunday.

****Entire Building includes: Auditorium, Dance Studio, Senior Lounge and Gallery.****

RESIDENT & NON-RESIDENT							
TYPE OF ROOM	LOCATION	Weekday Resident	Weekend Resident	Weekday Non-Res	Weekend Non-Res	SEATING ONLY	TABLES & CHAIRS
Large Size Rooms	Entire Building**	N/A	\$200	N/A	\$245	Varies	Varies
	Auditorium	\$60	\$95	\$100	\$145	175	150
	Dance Studio	\$45	\$75	\$60	\$105	100	55
Mid-Size Rooms	Card Room	\$40	\$70	\$45	\$75	60	40
	Portola Room	\$40	\$70	\$45	\$75	40	30
	Craft Room	\$35	\$65	\$40	\$70	40	30
	Ceramics Room	\$35	\$65	\$70	\$70	40	30
Small Size Rooms	Game Room	\$20	\$45	\$25	\$50	20	14
	Art Gallery	\$20	\$45	\$25	\$50	N/A	Varies
	Meeting Room	\$20	\$45	\$25	\$50	10	8

NON-PROFIT/FUNDRAISER & COMMERCIAL PRICING							
TYPE OF ROOM	LOCATION	Weekday Non-Profit	Weekend Non-Profit	Weekday Commercial	Weekend Commercial	SEATING ONLY	TABLES & CHAIRS
Large Size Rooms	Entire Building**	N/A	\$175	N/A	\$265	Varies	Varies
	Auditorium	\$30	\$70	\$125	\$170	175	150
	Dance Studio	\$20	\$55	\$85	\$120	100	55
Mid-Size Rooms	Card Room	\$15	\$50	\$50	\$80	60	40
	Portola Room	\$15	\$50	\$50	\$80	40	30
	Craft Room	\$15	\$45	\$45	\$75	40	30
	Ceramics Room	\$15	\$40	\$45	\$75	40	30
Small Size Rooms	Game Room	\$13	\$40	\$30	\$55	20	14
	Art Gallery	\$13	\$40	\$30	\$55	N/A	Varies
	Meeting Room	\$13	\$40	\$30	\$55	10	8

PACIFICA COMMUNITY CENTER

From wedding receptions to parties, the Pacifica Community Center is a popular venue to hold all of your personal and social events. Our spacious locations and flexible arrangements can accommodate any event at an affordable price, and our professional staff will guide you every step of the way. Our locations are an ideal place for ceremonies, wedding receptions, private parties, photo shoots, meetings and more.

✧

Each location is equipped with tables and chairs. A warming kitchen is available for rental. Every event includes a building attendant to assist you with questions and handle last-minute needs. Free parking is available to your guests in the Pacific Community Center parking lot located east of the building.

Our locations are all handicapped accessible.



To book your event, please email moranm@ci.pacifica.ca.us or call 650-738-7376 for an appointment.

RENTAL INFORMATION

Pricing on other side of page. See additional policies below:

- A security deposit of \$250 (private rentals) or \$500 (non-profit, fundraisers or entire building) is to secure date & time. Security deposit will be refunded; pending approval from staff. (Refunds may take up to 10-14 business days).
- For private rentals, staff will setup the tables and chairs. Non-profit/fundraisers responsible for setup.
- For all rentals, client is responsible for clean up and breakdown of tables and chairs.
- Rentals not serving or selling alcohol may be able to secure insurance from an outside source. Proof of insurance must be provided 10 days before the event.
- City Insurance when serving or selling alcohol is required:
Price by per person: 0-50 persons \$101 | 51-249 persons \$127 | 250+persons \$149
- Alcohol Insurance additional fee of \$21.
- Selling alcohol requires client to obtain an ABC license from the state. Proof of insurance must be provided 10 days before the event.
- When alcohol is served, two security guards (one if under 100 guests) must be present during the event. Security guard information (name, badge ID, company) must be on file 10 days prior to the event. Upon arrival for the event, guard must read and initial the security guard agreement stating their responsibilities during event.
- Extra time, unauthorized usage of equipment, damage to Community Center property, or failure to properly clean up may result in partial or full loss of security deposit and additional fees.
- Events utilizing entire building may require additional Building Attendants at an extra per hour fee.
- Kitchen is an additional flat rate of \$100 for use of warming and staging food only.

PACIFICA PARKS, BEACHES, & RECREATION REGISTRATION FORM

One form may be used to register several different family members. Additional copies may be downloaded at www.cityofpacifica.org/registration.



To Register:

Complete Sections A-D on the registration form or you can register online 24 hours a day at <https://apm.activecommunities.com/pacifica>.

All payments are due in full at time of registration. Please make checks/money orders payable to "City of Pacifica." Cash or credit card can be processed in person at the Parks, Beaches & Recreation Department Office or the Pacifica Community Center (see page 30 of play brochure for specific times).

SECTION A: PARENT/ADULT CONTACT INFORMATION (Main Account Holder)

First Name _____ Last Name _____ New Account? Yes ___ No ___

Address _____ City _____ State _____ Zip _____

Home No. (____) _____ - _____ Work No. (____) _____ - _____ Cell No. (____) _____ - _____

Provide your email address (for program updates) _____ @ _____

Local Emergency Contact: First Name: _____ Last Name _____

Home No. (____) _____ - _____ Work No. (____) _____ - _____ Cell No. (____) _____ - _____

How did you hear about us? (Check one) PLAY brochure/flyer Pacifica Tribune Neighbor/Family/Friend
 Internet Search City of Pacifica website E-mail Facebook

SECTION B: RELEASE OF LIABILITY INDEMNITY & ASSUMPTION OF RISK (Mandatory for Participation)

I understand that the activity for which I am registering (or for my child), including but not limited to any class, program or event "Activity" provided in connection with the City of Pacifica can be dangerous and involves the risk of injury, property damage or death. Despite the risk involved and in consideration of the right to participate, I voluntarily agree to expressly assume any and all risk of injury, property damage, or death which might be associated with participation in the Activity, and use of any facilities belonging to the City of Pacifica. I agree, on behalf of myself and my heirs, successors or assigns, to hold harmless, Indemnify and defend the City of Pacifica, its officers, employees, affiliates and agents ("City") against any and all liability, claims, losses, damages, lawsuits or expenses, including reasonable attorneys' fees, arising in connection with my participation in Activity. I agree to the use of my name and/or image as well as my child's name and/or image for City publicity. I agree in case of emergency City may administer CPR or arrange for medical transport. I agree the City is not responsible for lost or stolen items. I agree the City may deny me permission to participate in Activity. **Photos/Videos:** The City of Pacifica may use for publicity or marketing purposes, work samples, photographs, slides, videos, DVDs and/or other images taken of myself or of my child while in the program.

Signed _____ Date ____/____/____
(Participant over 18 years of age or Parent or Guardian)

PARENT/GUARDIAN AGREEMENT CONSENT (to be completed if applicant is under 18 years of age):

I give consent for my son/daughter/dependent child to participate in the Activity(ies), and I execute the above release on his/her behalf. I have read and understood the registration form, liability release and parental consent form, and agree to all their terms and conditions.

Signed _____ Date ____/____/____
(Parent or Guardian)

SECTION C: REGISTER PARTICIPANTS

Please check box for Adapted Aquatics

First Name	Last Name	DOB	M/F	Activity Name	Activity #	Fee
						\$
						\$
						\$
TOTAL DUE						\$

Please fill out the following questions for Parents Night Out and J-Teen ONLY

- Does the child have any special needs or medical concerns/limitations that staff needs to be aware of to provide optimum service: _____
- Please indicate any environmental or medication allergies: _____
- Please indicate any food allergies or special dietary needs: _____

SECTION D: METHOD OF Cash Check Visa Master Card American Express

Make checks payable to City of Pacifica. Please fill out cc information below if mailing/faxing form.

Credit Card # _____ Exp. Date ____/____/____

Name on Card _____ Signature _____

Office Use Only			
Received by: (Staff Initials)	Date Received:	Date Entered:	Entered by: (Staff Initials)

4 Ways to Register!

1 Online Registration

- Visit <https://apm.activecommunities.com/pacifica/Home>
- Create an account to register or if you already have an account
- Click on the "view activities" button. You will need a valid credit card to register for classes.
- Pay with Visa, Master Card, or American Express.
- The charge on your statement will read Active*PB&R.
- You will receive an instant confirmation receipt.

2 Walk-in:

Parks, Beaches & Recreation Office

1810 Francisco Blvd, Pacifica

- Monday, Tuesday, Thursday 8:30am-5:00pm*
- Wednesday 8:30am- 7:30pm*
- Friday 8:30am- 1:30pm

*Closed for lunch Mon-Thurs 12:30-1:30pm

Pacifica Community Center

540 Crespi Drive, Pacifica

- Monday - Thursday 5:00 pm-9:00pm
- Friday - 5:45-7:15pm

Important Information

- There is a non-refundable transaction fee for signing up on-line.
- If requested, proof of age or proof of Pacifica residency may be required.
- Correctly completed registrations will have priority. Registration with incorrect or incomplete information or incorrect fees will not be processed.
- The first day of random processing of registration for Pacifica begins Monday **December 12, 2016**.*
- **REFUND POLICY:** We do not offer refunds for our classes or camps. Only when a class or camp is cancelled by the instructor or by PB&R will a refund be given. Please call 738-7381 for more info.
- **CANCELLATION/TRANSFER FEE:** Classes that are canceled by the PB & R Department will be refunded in full. Transfers made between classes are charged \$10 per person, per class.
- **REGISTERING OTHERS/MINORS:** YOU MAY ONLY REGISTER MEMBERS OF YOUR OWN FAMILY. Minors 12 years of age and over may register with written permission from parents. Some classes require parent participation with minors.
- **SENIOR DISCOUNT:** 10% discount for seniors 60 years of age and older. For Non-residents, the senior discount is calculated on the resident fee and then the \$5 non-resident fee is added. Proof of age must accompany registration unless already on file.
- **WAITING LIST:** Taken for all filled classes. Registration will be processed if opening occurs or new section opens. Class fee will not be prorated if opening occurs after class has already begun. Checks will be returned if no opening occurs.
- **INDEPENDENT CONTRACTORS:** Many of our recreation classes are being provided by contract with an independent vendor. While the City of Pacifica has reviewed the vendor's qualifications, experience and suitability for providing the class, the City may not have screened the individual employees of the vendor. All independent Contractors have been fingerprinted by the City of Pacifica.

On-line registration begins on December 12, 2016 at 8:30 AM.

Walk-in and mail-in registrations begin on December 12, 2016 at 8:30 AM.

3 Fax (Held for Random Processing*)

- Complete a registration form
- Pay with Visa, Master Card or American Express,
- Fax to 650-738-2165
- Receipts mailed within 10 working days

4 Mail-in (Held for Random Processing*)

- Complete registration form include method of payment:
- By check payable to CITY OF PACIFICA or by Visa, Master Card, or American Express. There will be a \$25 service charge for all returned checks.
- Mail to: Registration
1810 Francisco Blvd
Pacifica, CA 94044
- Receipts mailed within 10 working days





SPECIAL NEW EVENTS

**PACIFICA PARKS
BEACHES
RECREATION**

PRINCESS DANCE

AGES: 5-10

DATE: SATURDAY, JANUARY 21, 2017

PRICE: \$35 PER COUPLE

MORE INFORMATION ON PAGE 7

YOUTH SPELLING BEE

GRADES: K-4

DATE: SATURDAY, JANUARY 28, 2017

PRICE: \$10 FEE PER ENTRY.

MORE INFORMATION ON PAGE 7

COASTAL CREATIVITY - ART SHOW

AGES: 12-18

DATE: FRIDAY, MARCH 24, 2017

PRICE: \$10 FEE PER ART ENTRY.

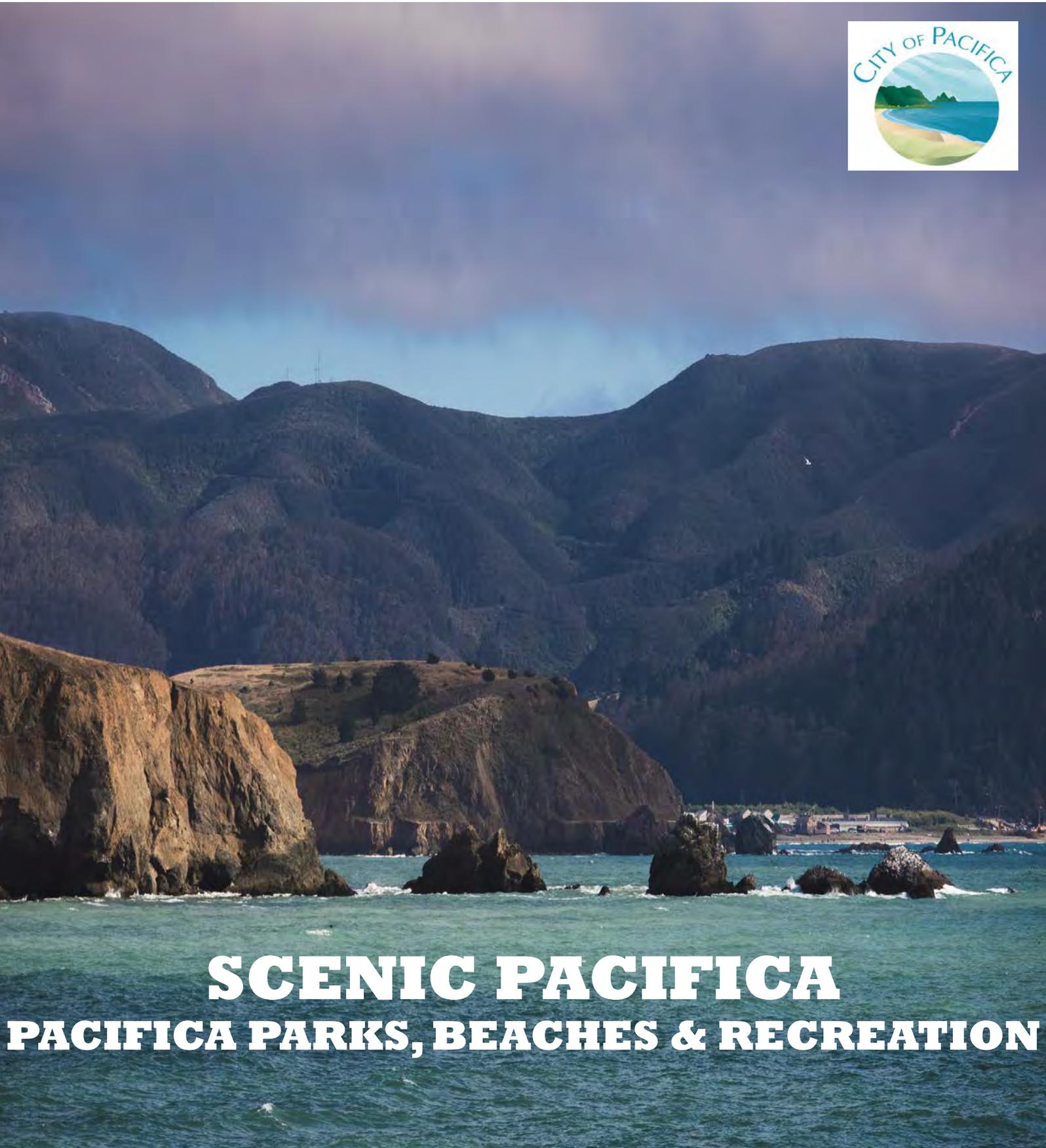
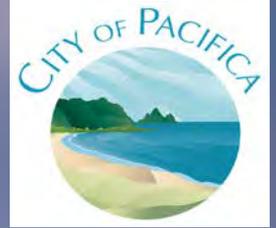
FREE FOR ATTENDEES.

MORE INFORMATION ON PAGE 7

City of Pacifica
Parks, Beaches and Recreation
170 Santa Maria Ave.
Pacifica, CA 94044

US Postage
PAID
Pacifica, CA
94044
Permit No. 5

Pacifica Resident



SCENIC PACIFICA
PACIFICA PARKS, BEACHES & RECREATION