Fog Jog 2013

Fog six

5Mile Race or 3-Mile Stride

Co-Sponsors: Pacifica Rotary International and the Pacifica Tribune Race will be run in fog, rain or shine!!!

<u>Date</u> : Sunday, Sept			nber 29, 20	13						
<u>Course</u> :	Both run and stride routes begin on Salada Ave. at Francisco Blvd. and end at Salada Ave./									
	Palmetto Ave.									
<u>Time</u> :	Check-in and late entries 8 — 8:45 AM, race starts at 9 AM									
<u>Divisions</u> :	Women's and Men's, 13 and under, 14—19, 20—29, 30—39, 40—49, 50—59,									
	60-69, 70 and older, and Family (winners have lowest combined time of any two family									
	members)									
<u>Awards</u> :		Awards to top three finishers in each division, participation ribbons to all registered								
		finishers. Stride is non-competitive, participation ribbons to all registered finishers								
Early Registr	ation:	\$15 if r	eceived by	5 PM,	Wednes	day, Sept. 11,	no refu	nds		
<u>Late/Race Da</u>	ay Reg.:	\$20 , no	refunds, c	hecks	payable	to "City of Pac	ifica"			
How to sign	<u>up</u> :	Register online at http://activenet.active.com/Pacifica or mail form to "Fog Jog"								
		City o	f Pacifica 1	70 San	ta Maria	a Ave., Pacifica	, CA 94	044		
Parks, Beaches	s and Recre	eation Reg	istration and	Waive	r Form for	(check one)				
		_		vvaivei		-Mile Strid	l o 420	474 		
Fog Jog 5	-iville i	\UII #30		irala an		-wille Still	IE #30.4	4/1		
Charle ((Faurille)) have			Divisions: (c		-			_	Pagistar by Sant 12	
Check "Family" here if applicable)			13 & under	M	F	40—49	М	F	Register by Sept. 12	
			14—19	М	F	50—59	М	F	to guarantee your T-	
			20—29	М	F	60-69	М	F	shirt size!!	
			20 20	N 4	-	70 and	N 4	-		
***			30—39	M	F	70 and up	М	F		
PARTICIPANT NAME			MALE/FEMALE			HOME PHO	HOME PHONE		EMERGENCY PHONE	
PARTICIPANT ADDRESS			CITY		ZII	p ,	AGE		DATE OF BIRTH	
E-MAIL										
FIRST 75 REGIS	STERED PA	RTICIPAN	TS GET A T-S	HIRT!C	RCLE T-SH	IRT SIZE: XL	L M	S		
RELEASE OF LIABILIT	TY, INDEMNITY				es) for which	Lam registering includ	ing but not	imited to any	class, program or event "Activity(ies)" provid-	
		cifica can be d	angerous and invo	lves the ris	sk of injury, pi	roperty damage or deat	th. Despite t	he risk involve	d and in consideration of the right to partici-	
belonging to the City		y assume any a	and all risk of injur	y, property	damage, or d	death which might be a	ssociated wi	th participation	n in the Activity(ies), and use of any facilities	
									oyees, and agents ("City") against any and all ivity(ies). I agree to the use of my name and/	
or photo for City pub	olicity. I agree in	n case of emer	gency City may ad	minister Cl	PR or arrange	for medical transport.	I agree the C	ity is not respo	onsible for lost or stolen items. I agree the City	
may deny me permis	ssion to particip	oate in Activity	(ies). PARENTAL/L	EGAL GUA	KDIAN CONS	ENT (to be completed it	t applicant is	under 18 year	s of age): I give consent for my son/daughter/	

dependent child to participate in the Activity(ies), and I execute the above Release on his/her behalf. I have read and understood the registration form, liability release and parental con-

Date

sent form, and agree to all their terms and conditions.

Signed